

GLOFA 5K Run/Walk
April 20, 2018 at 9:15 pm
Grimes Sports Complex

Events include a 5K & 1 Mile Run/Walk to encourage fitness and support the arts at DC-G Community Schools. The events will not be timed and will take place at the same time. Participants who are interested in timing their event should wear personal timing devices to determine their individual performance.

Events begin at 9:15 p.m. on Friday, April 20th, 2018. The Grimes Sports Complex is located at 6th & James Street in Grimes, Iowa. Meet at the concessions building by the tennis courts prior to 9:15 p.m. All children under 14 years old will need an adult participating with them.

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

Please include an email address so we can contact you about packet pick-up and race details.

Registration Category

Please CIRCLE a registration category (Individual or Family).

\$20.00
per individual (1 T-shirt)

\$55.00
per family (4 T-shirts for the \$55 fee)

T-Shirt Order

Please select the T-shirt size for all the individuals you are registering.

If you are registering as an individual please order 1 shirt.

If you are registering as a family please order up to a maximum of 4 shirts.

Use the abbreviations below when completing the T-shirt order section.

Available t-shirt sizes include:

Youth Small (Y-S)
Youth Medium (Y-M)
Youth Large (Y-L)
Youth X-Large (Y-XL)

Adult Small (A-S)
Adult Medium (A-M)
Adult Large (A-L)
Adult X-Large (A-XL)
Adult XX-Large (A-XXL)

(We can get T-shirt sizes up to 5X if needed.)

Name: _____

T-Shirt Size _____ Please use the T-shirt abbreviation listed on page one.

Name: _____

T-Shirt Size _____ Please use the T-shirt abbreviation listed on page one.

Name: _____

T-Shirt Size _____ Please use the T-shirt abbreviation listed on page one.

Name: _____

T-Shirt Size _____ Please use the T-shirt abbreviation listed on page one.

If you want to order more than 4 T-shirts please indicate the additional sizes you would like here.
Additional T-shirts are \$10.00 per shirt.

Shirt # 5 Size: _____ Shirt # 6 Size: _____ Shirt # 7 Size: _____

***Registration forms received after Sunday, April 1, 2018 are not guaranteed T-shirts due to the order deadline.** Please return your registration form by April 1, 2018 to guarantee you receive a GLOFA T-shirt.

*All registered participants will receive glow items to wear the evening of the event. You are welcome to bring additional glow items if you would like to be even more visible.

Registration Fees

_____ **\$20.00/Individual Registration**(1 T-shirt included if registered by 4/1/18)

_____ **\$55.00/Family Registration** (4 T-shirts included if registered by 4/1/18)

_____ **\$10.00 per shirt** (# of additional T-shirts ordered multiplied by \$10.00)

_____ **TOTAL AMOUNT ENCLOSED**

Method of payment: Cash _____ Check _____ (Make checks payable to FOFA.)

Registration Forms can be dropped off or mailed to either address listed below.

Dallas Center Grimes High School
2555 W. 1st Street
Grimes, Iowa 50111

or

Sara Bridie
609 SE 18th Street
Grimes, Iowa 50111

Event Day Registration will begin at 8:00 pm at the Grimes Sports Complex.
(T-shirts will NOT be guaranteed for event day registration.)

Questions can be directed to: Sara Bridie 515-805-0081 or jandsbridie@mchsi.com

