



Don't forget to eat your fruits & vegetables!

High School LUNCH MENU

February 2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

1

FRIDAY

EXTRA INFO

Classic Cafe French Toast Sticks, Sausage, or Egg Patty, Tri-Tater Hashbrowns

Grab and Go Munchable, OR Southwest Chicken Salad

Diner Cheeseburger, OR Chicken Sandwich, OR Crispito w/ cheese

Pizza Pepperoni, OR Cheese

Creation Station Made to Order with Chef Joe

Harvest of the Month



CILANTRO



PAPAYA



PEPPERS

Milk choice of White 1%, Skim, or Chocolate Skim is included with meal.
For questions or comments contact the Food Service Director at donna.sevenich@dcschools.com or 515.986.9747 ext 4162.

Menus are subject to change without notice. This institution is an equal opportunity provider.





Don't forget to eat your fruits & vegetables!

High School LUNCH MENU

February 2019

4 MONDAY

Classic Cafe Ravioli with Meat Sauce, Kale Salad, French Bread

Grab and Go Crispy Chicken Salad, OR Turkey BLT Wrap

Diner Cheeseburger, OR Chicken Sandwich, OR Italian Cheesebread

Pizza Pepperoni, OR Cheese

Creation Station Made to Order with Chef Joe

5 TUESDAY

Classic Cafe Ham & Tator Tot Breakfast Bake, Minted Fruit Salad, Cinnamon Roll

Grab and Go Buffalo Chicken Salad, OR Egg & Chicken Salad Slider Combo

Diner Cheeseburger, OR Spicy Chicken Sandwich, OR Maxx Pizza Sticks

Pizza Pepperoni, OR Cheese

Creation Station Made to Order Nacho Bar

6 WEDNESDAY

Classic Cafe Baja Fish Tacos, Cilantro Lime Rice

Grab and Go Munchable, OR Chef Salad

Diner Cheeseburger, OR Chicken Nuggets with, Whole Grain Dinner Roll, OR Rib Sandwich

Pizza Pepperoni, OR Cheese

Creation Station Made to Order Hot Sandwich

7 THURSDAY

Classic Cafe Beefy Nachos & Homemade Cheese Sauce, Brown Rice, Chocolate Chip Cookie

Grab and Go Chicken Waldorf Salad, OR Honey Mustard Ham Wrap

Diner Cheeseburger, OR Spicy Chicken Sandwich, OR Cheese Bosco Sticks

Pizza Pepperoni, OR Cheese

Creation Station Made to Order Chicken Bowl

8 FRIDAY

Classic Cafe Tony's Cheese Pizza, Green Beans

Grab and Go Munchable, OR Chicken Caesar Salad

Diner Cheeseburger, OR Chicken Sandwich, OR Crispito w/ Cheese

Pizza Pepperoni, OR Cheese

Creation Station Made to Order with Chef Joe

EXTRA INFO

Harvest of the Month



Milk choice of White 1%, Skim, or Chocolate Skim is included with meal.
For questions or comments contact the Food Service Director at donna.sevenich@dcschools.com or 515.986.9747 ext 4162.

Menus are subject to change without notice. This institution is an equal opportunity provider.





Don't forget to eat your fruits & vegetables!

High School LUNCH MENU

February 2019

11

MONDAY

Classic Cafe French Toast Sticks, Egg Patty, Tator Tots

Grab and Go Cravin Craisin Salad, OR Chicken Caesar Wrap

Diner Cheeseburger, OR Chicken Sandwich, OR Italian Cheese Bread

Pizza Pepperoni, OR Cheese

Creation Station Made to Order with Chef Joe

14

THURSDAY

Classic Cafe Love Me Tender Chicken Parmesan w/ Sweetheart Spaghetti, Whole Grain Dinner Roll, & a Treat

Grab and Go Hummus & Vegetable Bowl, OR Deli Wrap

Diner Cheeseburger, OR Spicy Chicken Sandwich, OR Cheese Bosco Sticks

Pizza Pepperoni, OR Cheese

Creation Station Made to Order Sub Bar

12

TUESDAY

Classic Cafe Crispy Chicken Tenders, Mashed Potatoes, Gravy, Whole Grain Dinner Roll

Grab and Go Turkey Munchable, OR Chef Salad

Diner Cheeseburger, OR Spicy Chicken Sandwich, OR Maxx Pizza Sticks

Pizza Pepperoni, OR Cheese

Creation Station Made to Order Nacho Bar

15

FRIDAY

Classic Cafe Pulled Pork Sandwich, Coleslaw

Grab and Go Fruited Spinach Salad, OR Turkey Wrap

Diner Cheeseburger, OR Chicken Nuggets with, Whole Grain Dinner Roll, OR Rib Sandwich

Pizza Pepperoni, OR Cheese

Creation Station Made to Order Hot Sandwich

13

WEDNESDAY

EXTRA INFO

Harvest of the Month



Milk choice of White 1%, Skim, or Chocolate Skim is included with meal.
For questions or comments contact the Food Service Director at donna.sevenich@dcschools.com or 515.986.9747 ext 4162.

Menus are subject to change without notice. This institution is an equal opportunity provider.





Don't forget to eat your fruits & vegetables!

High School LUNCH MENU

February 2019

18

MONDAY

- Classic Cafe** Corn Dog, Golden French Fries
- Grab and Go** WG Chips, Salsa & Cheese Cubes, OR Chicken Caesar Salad
- Diner** Cheeseburger, OR Chicken Sandwich, OR Italian Cheese Bread
- Pizza** Pepperoni, OR Cheese

Creation Station Made to Order with Chef Joe

19

TUESDAY

- Classic Cafe** Roast Pork & Gravy, Warm Cinnamon Apples, Mashed Potatoes, Whole Grain Dinner Roll
- Grab and Go** Turkey BLT Salad, OR Ham Wrap
- Diner** Cheeseburger, OR Spicy Chicken Sandwich, OR Maxx Pizza Sticks
- Pizza** Pepperoni, OR Cheese

Creation Station Made to Order Nacho Bar

20

WEDNESDAY

- Classic Cafe** French Bread Pizza, Roasted Cauliflower, Pumpkin Apple Muffin
- Grab and Go** Autumn Quinoa Lunch Salad, OR Chef Salad
- Diner** Cheeseburger, OR Chicken Nuggets with, Whole Grain Dinner Roll, OR Rib Sandwich
- Pizza** Pepperoni, OR Cheese

Creation Station Made to Order Hot Sandwich

21

THURSDAY

- Classic Cafe** Philly Flatbread, Calico Bean Bake
- Grab and Go** Taco Salad, OR Turkey Cranberry Wrap
- Diner** Cheeseburger, OR Spicy Chicken Sandwich, OR Cheese Bosco Sticks
- Pizza** Pepperoni, OR Cheese

Creation Station Made to Order Mac & Cheese Bar

22

FRIDAY

- Classic Cafe** Chicken Alfredo w/Pasta, Green Beans, Garlic Toast
- Grab and Go** Munchable, OR Southwest Chicken Salad
- Diner** Cheeseburger, OR Chicken Sandwich, OR Crispito w/ Cheese
- Pizza** Pepperoni, OR Cheese

Creation Station Made to Order with Chef Joe

EXTRA INFO



Milk choice of White 1%, Skim, or Chocolate Skim is included with meal.
For questions or comments contact the Food Service Director at donna.sevenich@dcschools.com or 515.986.9747 ext 4162.

Menus are subject to change without notice. This institution is an equal opportunity provider.





Don't forget to eat your fruits & vegetables!

High School LUNCH MENU

February 2019

25

MONDAY

Classic Cafe Beef Chili, Tortilla Chips, Cinnamon Roll, Seasoned Ranch Wedges

Grab and Go WG Chips, Salsa & Cheese Cubes, OR Chicken Caesar Salad

Diner Cheeseburger, OR Chicken Sandwich, OR Italian Cheese Bread

Pizza Pepperoni, OR Cheese

Creation Station Made to Order with Chef Joe

26

TUESDAY

Classic Cafe Chicken Philly Flatbread, Kettle Potato Chips

Grab and Go Turkey BLT Salad, OR Ham Wrap

Diner Cheeseburger, OR Spicy Chicken Sandwich, OR Maxx Pizza Sticks

Pizza Pepperoni, OR Cheese

Creation Station Made to Order Nacho Bar

27

WEDNESDAY

Classic Cafe Tony's Cheese Pizza, Garden Salad

Grab and Go Autumn Quinoa Lunch Salad, OR Chef Salad

Diner Cheeseburger, OR Chicken Nuggets with, Whole Grain Dinner Roll, OR Rib Sandwich

Pizza Pepperoni, OR Cheese

Creation Station Made to Order Hot Sandwich

28

THURSDAY

Classic Cafe Beefy Nachos & Homemade Cheese Sauce, Refried Beans

Grab and Go Taco Salad, OR Turkey Cranberry Wrap

Diner Cheeseburger, OR Spicy Chicken Sandwich, OR Cheese Bosco Sticks

Pizza Pepperoni, OR Cheese

Creation Station Made to Order Oriental Bar

1

FRIDAY

EXTRA INFO

Harvest of the Month



CILANTRO



PAPAYA



PEPPERS

Milk choice of White 1%, Skim, or Chocolate Skim is included with meal.
For questions or comments contact the Food Service Director at donna.sevenich@dcschools.com or 515.986.9747 ext 4162.

Menus are subject to change without notice. This institution is an equal opportunity provider.

