



Don't forget to eat your fruits & vegetables!

DC-G Meadows Lunch Menu

February 2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

1

FRIDAY

EXTRA INFO

Classic Cafe French Toast Sticks, Sausage, or Egg Patty, Tri-Tater Hashbrowns

Grab and Go Deli Wrap, OR Chef Salad

Diner Cheeseburger, OR Mini Corn Dogs

Pizza Pepperoni, OR Cheese

Creation Station Made to Order Sub Bar

Harvest of the Month



Milk choice of White 1%, Skim, or Chocolate Skim is included with meal.
For questions or comments contact the Food Service Director at donna.sevenich@dcschools.com or 515.986.9747 ext 4162.

Menus are subject to change without notice. This institution is an equal opportunity provider.





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4 MONDAY

Classic Cafe Ravioli with Meat Sauce, French Bread

Grab and Go Crispy Chicken Salad, OR Turkey BLT Wrap

Diner Cheeseburger, OR Italian Cheesebread

Pizza Pepperoni, OR Cheese

Creation Station Made to Order Chicken Bowl

5 TUESDAY

Classic Cafe Ham & Tator Tot Breakfast Bake, Minted Fruit Salad, Cinnamon Roll

Grab and Go Buffalo Chicken Salad, OR Egg & Chicken Salad Slider Combo

Diner Spicy Chicken Sandwich, OR Maxx Pizza Sticks

Pizza Pepperoni, OR Cheese

Creation Station Made to Order with Chef Joe

6 WEDNESDAY

Classic Cafe Baja Fish Tacos, Cilantro Lime Rice

Grab and Go Pretzel Bites w/Cheese Cubes, OR Chef Salad

Diner Cheeseburger, OR Chicken Nuggets with, Whole Grain Dinner Roll

Pizza Pepperoni, OR Cheese

7 THURSDAY

Classic Cafe Beefy Nachos & Homemade Cheese Sauce, Brown Rice, Chocolate Chip Cookie

Grab and Go Chicken Waldorf Salad, OR Honey Mustard Ham Wrap

Diner Spicy Chicken Sandwich, OR Cheese Bosco Sticks

Pizza Pepperoni, OR Cheese

Creation Station Made to Order Hot Sandwich

8 FRIDAY

Classic Cafe Tony's Cheese Pizza, Green Beans

Grab and Go Munchable, OR Chicken Caesar Salad

Diner Chicken Sandwich, OR Mini Corn Dogs

Pizza Pepperoni, OR Cheese

Creation Station Made to Order Sub Bar

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Classic Cafe French Toast Sticks, Egg Patty, Tator Tots

Grab and Go Cravin Craisin Salad, OR Chicken Caesar Wrap

Diner Cheeseburger, OR Maxx Pizza Sticks

Pizza Pepperoni, OR Cheese

Creation Station Made to Order Nacho Bar

12

TUESDAY

Classic Cafe Sloppy Joe, with Macaroni & Chees

Grab and Go Turkey Munchable, OR Chef Salad

Diner Chicken Tenders, with WG Dinner Roll, OR Spicy Chicken Sandwich

Pizza Pepperoni, OR Cheese

Creation Station Made to Order with Chef Joe

13

WEDNESDAY

Classic Cafe Pulled Pork Sandwich, Coleslaw

Grab and Go Fruited Spinach Salad, OR Turkey Wrap

Diner Cheeseburger, OR Italian Cheesebread

Pizza Pepperoni, OR Cheese

14

THURSDAY

Classic Cafe Love Me Tender Chicken Parmesan w/ Sweetheart Spaghetti, Whole Grain Dinner Roll, & a Treat

Grab and Go Hummus & Vegetable Bowl, OR Deli Wrap

Diner Cheeseburger, OR Spicy Chicken Sandwich

Pizza Pepperoni, OR Cheese

Creation Station Made to Order Hot Sandwich

15

FRIDAY

EXTRA INFO

Harvest of the Month



CILANTRO



PAPAYA



PEPPERS

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18

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Classic Cafe Corn Dog, Golden French Fries

Grab and Go WG Chips, Salsa & Cheese Cubes, OR Chicken Caesar Salad

Diner Cheeseburger, OR Chicken Sandwich

Pizza Pepperoni, OR Cheese

Creation Station Made to Order Nacho Bar

19

TUESDAY

Classic Cafe Roast Pork & Gravy, Warm Cinnamon Apples, Mashed Potatoes, Whole Grain Dinner Roll

Grab and Go Turkey BLT Salad, OR Ham Wrap

Diner Spicy Chicken Sandwich, OR Cheese Bosco Sticks

Pizza Pepperoni, OR Cheese

Creation Station Made to Order with Chef Joe

20

WEDNESDAY

Classic Cafe French Bread Pizza, Roasted Cauliflower, Pumpkin Apple Muffin

Grab and Go Autumn Quinoa Lunch Salad, OR Chef Salad

Diner Cheeseburger, OR Chicken Sandwich

Pizza Pepperoni, OR Cheese

21

THURSDAY

Classic Cafe Philly Flatbread, Calico Bean Bake

Grab and Go Taco Salad, OR Turkey Cranberry Wrap

Diner Spicy Chicken Sandwich, OR Maxx Pizza Sticks

Pizza Pepperoni, OR Cheese

Creation Station Made to Order Mac & Cheese

22

FRIDAY

Classic Cafe Chicken Alfredo w/Pasta, Green Beans, Garlic Toast

Grab and Go Munchable, OR Southwest Chicken Salad

Diner Cheeseburger, OR Mini Corn Dogs

Pizza Pepperoni, OR Cheese

Creation Station Made to Order Sub Bar

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MONDAY

Classic Cafe Beef Chili, Tortilla Chips, Cinnamon Roll, Ranch Potato Wedges

Grab and Go WG Chips, Salsa & Cheese Cubes, OR Chicken Caesar Salad

Diner Cheeseburger, OR Maxx Cheese Sticks

Pizza Pepperoni, OR Cheese

Creation Station Made to Order Chicken Bowl

28

THURSDAY

Classic Cafe Beefy Nachos & Homemade Cheese Sauce, Refried Beans

Grab and Go Taco Salad, OR Turkey Cranberry Wrap

Diner Spicy Chicken Sandwich, OR Italian Cheesebread

Pizza Pepperoni, OR Cheese

Creation Station Made to Order Hot Sandwich

26

TUESDAY

Classic Cafe Chicken Philly Flatbread, Kettle Potato Chips

Grab and Go Turkey BLT Salad, OR Ham Wrap

Diner Spicy Chicken Sandwich, OR Corn Dog

Pizza Pepperoni, OR Cheese

Creation Station Made to Order with Chef Joe

1

FRIDAY

27

WEDNESDAY

Classic Cafe Tony's Cheese Pizza, Garden Salad

Grab and Go Autumn Quinoa Lunch Salad, OR Chef Salad

Diner Cheeseburger, OR Chicken Nuggets with, Whole Grain Dinner Roll

Pizza Pepperoni, OR Cheese

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