



Don't forget to eat your Fruits & Vegetables!

DC-G Meadows

August 2019

LUNCH MENU

19

MONDAY

22

THURSDAY

20

TUESDAY

23

FRIDAY

21

WEDNESDAY

EXTRA INFO

Classic Cafe BBQ Chicken on Ciabatta, with Creamy Coleslaw, & Peas

Diner Hamburger, Cheeseburger, Mini Corn Dogs, Breaded Pork Chop Sandwich

Grab & Go Chips, Salsa & Cheese, Chicken Caesar Salad, Hummus Bowl, Yogurt Parfait, Vegetarian Salad

Pizza Cheese Pizza, Pepperoni Pizza

Creation Station Made to Order Sub Bar



Milk choice of 1% White, Skim, or Chocolate Skim is included with meal. Salad Entrees served with dinner rolls.

For questions or comments, contact the Food Service Director at: donna.sevenich@dcschools.com, or call 515.986.9747 ext. 4162.

Menus are subject to change without notice. This institution is an equal opportunity provider.





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DC-G Meadows

LUNCH MENU

August 2019

26

MONDAY

Classic Cafe Straw Hats ("Fritos" Walking Taco) w/ Cheese, Mexican Toppings, & Refried Beans

Diner Cheeseburger, BBQ Rib Sandwich, Buffalo Popcorn Chicken, w/ Dinner Roll

Grab & Go Chicken/Grape Salad, Buffalo Chicken Salad, Hummus Bowl, Yogurt Parfait, Vegetarian Salad

Pizza Cheese Pizza, Pepperoni Pizza

Creation Station Build Your Own Burger Bar

27

TUESDAY

Classic Cafe Roasted Hot Dog on a Bun, with Baked Beans

Diner BBQ Rib Sandwich, Breaded Cheese Sticks, w/ Marinara Sauce

Grab & Go Pretzel Bites w/Cheese Cubes, Chef Salad, Hummus Bowl, Yogurt Parfait, Vegetarian Salad

Pizza Cheese Pizza, Pepperoni Pizza

Creation Station MADE TO ORDER POTATO BOWL, Breaded Pork Chop, w/ Mashed Potatoes, Gravv. Corn, & Roll

28

WEDNESDAY

Classic Cafe Baked Potato Bar w/ Ham, Cheese, Chili, Broccoli Florets, & 2 Dinner Rolls

Diner Spicy Chicken Sandwich, Corn Dog, Breaded Cheese Sticks, with Marinara Sauce

Grab & Go Ham & Cheese Pinwheel, Chicken-Apple Waldorf Salad, Hummus Bowl, Yogurt Parfait, Vegetarian Salad

Pizza Cheese Pizza, Pepperoni Pizza

29

THURSDAY

Classic Cafe Crispy Chicken Tenders, w/ Dinner Roll, Italian Turkey Panini, & Green Beans

Diner Fish Sandwich with Cheese, Breaded Pork Sandwich, Breaded Cheese Sticks, w/ Marinara Sauce

Grab & Go Chicken Caesar Salad, Honey Mustard Ham Wrap, Hummus Bowl, Yogurt Parfait, Vegetarian Salad

Pizza Cheese Pizza, Pepperoni Pizza

Creation Station Made to Order Grilled Burrito, w/ Cilantro Lime Rice, & Cinnamon Sugar Churro

30

FRIDAY

Classic Cafe Cheesy Italian Flatbread Pizza, w/ Summer Squash (HOM)

Diner Hamburger, Cheeseburger, Chicken Sandwich, Mini Corn Dogs

Grab & Go Chips, Salsa & Cheese, Chicken Caesar Salad, Hummus Bowl, Yogurt Parfait, Vegetarian Salad

Pizza Cheese Pizza, Pepperoni Pizza

Creation Station BBQ Pulled Pork on Ciabatta, w/ Kettle Chips, & Baked Beans

EXTRA INFO



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