



DCG Middle School LUNCH MENU

Fresh Vegetable Choices and Seasonal Fruit
are Offered Daily on the Fruit & Vegetable Bar.

February
2020

FOOD4LIFE® APP • All the MENUS and more! • DOWNLOAD NOW

3
MONDAY

Classic Cafe Max Cheese Sticks, Marinara Sauce

Diner Spicy Chicken Sandwich

Grab and Go Yogurt Pack, Chef Salad

Pizza Cheese, Pepperoni

Creation Station Made to Order Asian Bar

6
THURSDAY

Classic Cafe Crispy Chicken Tenders, Whole Grain Dinner Roll, Steamed Carrots

Diner Sloppy Joe, Tator Tots

Grab and Go WG Chips, Salsa & Cheese Cubes, Southwest Chicken Salad

Creation Station Made to Order Sub Sandwiches

4
TUESDAY

Classic Cafe Pancakes, Sausage Patty, Tri Tater, Cinnamon Roll

Diner BBQ Pork Sandwich

Grab and Go Deli Sub Sandwich, Taco Salad

Creation Station Made to Order Sub Bar

7
FRIDAY

Classic Cafe Chicken Alfredo w/Pasta, Garlic Breadstick

Diner Cheeseburger, Golden French Fries

Grab and Go Yogurt Pack, Deli Sub Sandwich

Pizza Cheese, Pepperoni

Creation Station Made to Order Walking Taco

5
WEDNESDAY

Classic Cafe Soft Shell Tacos, Brown Rice, Refried Beans

Diner Chicken Sandwich

Grab and Go Crispy Chicken Salad, Pretzel Bites w/Cheese Cubes

Pizza Cheese, Pepperoni

Creation Station Made to Order w/ Chef Joe

EXTRA INFO

Harvest of the Month



Milk choice of 1% White, Skim, or Chocolate Skim is included with meal. Entree Salad is served with dinner rolls. For questions or comments, contact the Food Service Director at 515.986.9747 ext. 4162 or donna.sevenich@dcgschools.com.

Menus are subject to change without notice. This institution is an equal opportunity provider.





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Classic Cafe Macaroni & Cheese,
Cucumber Ranch Salad

Diner Crispy Chicken Nuggets, Whole
Grain Dinner Roll

Grab and Go Chef Salad, Deli Munchable

Pizza Cheese, Pepperoni

Creation Station Made to Order Burger Bar

13

THURSDAY

Classic Cafe Popcorn Chicken, Brown Rice

Diner BBQ Rib Sandwich

Grab and Go Yogurt Pack, WG Chips, Salsa
& Cheese Cubes

Creation Station Made to Order Sub
Sandwiches

11

TUESDAY

Classic Cafe Crispito w/ Cheese, Baked
Beans

Diner Sloppy Joe, Tator Tots

Grab and Go Taco Salad, Deli Turkey
Sandwich

Creation Station Made to Order Sub
Sandwiches

14

FRIDAY

Classic Cafe Meat Lovers Pizza, Cupid Corn,
Sweetheart Cookie

Diner Cheeseburger

Grab and Go Deli Ham Sandwich

Pizza Cheese, Pepperoni

Creation Station Made to Order Nachos

12

WEDNESDAY

Classic Cafe Salisbury Steak, Whole Grain Dinner
Roll, Mashed Potatoes, Gravy

Diner Crispy Chicken Sandwich

Grab and Go Southwest Chicken Salad, Pretzel
Bites w/Cheese Cubes

Pizza Cheese, Pepperoni

Creation Station LTO - Street Pork Tacos w/
Bacon Corn Salsa

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MONDAY

- Classic Cafe** Beef Hot Dog, Tator Tots, Baked Beans
- Diner** Max Cheese Sticks, Marinara Sauce
- Grab and Go** Pretzel Bites w/Cheese Cubes, Chef Salad
- Pizza** Cheese, Pepperoni

Creation Station Made to Order Nachos

20

THURSDAY

- Classic Cafe** French Toast Sticks, Cheese Omelet, Chocolate Chip Muffin
- Diner** Spicy Chicken Sandwich
- Grab and Go** Yogurt Pak with Bagel, WG Chips, Salsa & Cheese Cubes
- Creation Station** Made to Order Sub Sandwiches

18

TUESDAY

- Classic Cafe** Pork Roast, Whole Grain Dinner Roll, Mashed Potatoes, Gravy, Warm Cinnamon Apples
- Diner** Cheeseburger

Grab and Go Turkey BLT Salad, Yogurt Pack

Creation Station Made to Order Sub Sandwiches

21

FRIDAY

NO SCHOOL Staff Development Day

19

WEDNESDAY

- Classic Cafe** Philly Flatbread, Beef Vegetable Soup, Birthday Cake
- Diner** Crispy Chicken Tenders, Whole Grain Dinner Roll

Grab and Go Taco Salad, Deli Ham Sandwich

Creation Station Dueling Chefs: Chef Joe vs Principal Hlas

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Classic Cafe Italian Meatball Sub, Kettle Potato Chips

Diner Mini Corn Dogs

Grab and Go Taco Salad, Yogurt Pak with Bagel

Pizza Cheese, Pepperoni

Creation Station Made to Order Nachos

27

THURSDAY

Classic Cafe Beefy Nachos w/Homemade Cheese Sauce, Refried Beans

Diner Chicken Patty Sandwich

Grab and Go Crispy Chicken Salad, Hummus & Vegetable Bowl

Creation Station Made to Order Sub Sandwiches

25

TUESDAY

Classic Cafe Stromboli, Garden Salad

Diner Chicken Nuggets, Whole Grain Dinner Roll

Grab and Go Turkey BLT Salad, Pretzel Bites w/Cheese Cubes

Creation Station Made to Order Sub Sandwiches

28

FRIDAY

Classic Cafe Fish Nuggets, Golden French Fries, Whole Grain Dinner Roll, Chocolate Chip Cookie

Diner Chicken Tenders, Whole Grain Dinner Roll

Grab and Go Taco Salad, WG Chips, Salsa & Cheese Cubes

Pizza Cheese, Pepperoni

Creation Station Made to Order Walking Taco

26

WEDNESDAY

Classic Cafe Cheesy Italian Flatbread, Mediterranean Soup

Diner Cheeseburger

Grab and Go Chef Salad, Deli Turkey Sub Sandwich

Pizza Cheese, Pepperoni

Creation Station Made to Order w/ Chef Joe

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