



DCG Remote Online Learning MUSTANG PACKS

September
2020

Don't Forget to Pre-Order Meals by Deadline!
Meals will be sent home w/ student last day of "Onsite" learning.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1</p> <p>BREAKFAST Mini French Toast 100% Fruit Juice Milk</p> <p>LUNCH - Pretzel Pack Broccoli Florets, Celery, Cherry Tomato Fresh Apple Milk</p>	<p>2</p> <p>BREAKFAST Brekkie Fruit Milk</p> <p>LUNCH-Chips,Salsa,&Cheese Black Beans, Corn, Celery, & Carrot Sticks Fresh Apple Milk</p>	<p>3</p> <p>BREAKFAST Mini French Toast 100% Fruit Juice Milk</p> <p>LUNCH - Yogurt/Bagel Pack Cherry Tomatoes, Celery, Green Pepper Slices Fresh Apple Milk</p>	<p>4</p> <p>BREAKFAST Berry Cream Cheese Bagel Fruit Milk</p> <p>LUNCH - Pizza Munchable Cucumber Slices Baby Carrots Orange Milk</p>
<p>7 NO SCHOOL</p>	<p>8</p> <p>BREAKFAST Mini Pancakes 100% Juice Milk</p> <p>LUNCH - Yogurt/Bagel Pack Cherry Tomatoes, Celery, Green Pepper Slices Fresh Apple Milk</p>	<p>9</p> <p>BREAKFAST Brekkie Fruit Milk</p> <p>LUNCH-PretzelBites & Cheese Broccoli, Red Pepper Slices Celery & Carrot Sticks Fresh Apple Milk</p>	<p>10</p> <p>BREAKFAST Mini Pancakes 100% Juice Milk</p> <p>LUNCH - Ham Deli Sandwich Cherry Tomatoes, Celery, Green Pepper Slices Fresh Apple Milk</p>	<p>11</p> <p>BREAKFAST Berry Cream Cheese Bagel Fruit Milk</p> <p>LUNCH-Chips,Salsa,&Cheese Black Beans, Corn, Baby Carrots Orange Milk</p>
<p>14</p> <p>BREAKFAST - Cheese Stick Banana Chocolate Loaf Fruit Milk</p> <p>LUNCH -Turkey Deli Sandwich Cucumber Slices Baby Carrots Orange Milk</p>	<p>15</p> <p>BREAKFAST Mini French Toast 100% Fruit Juice Milk</p> <p>LUNCH - Pretzel Pack Broccoli Florets, Celery, Cherry Tomato Fresh Apple Milk</p>	<p>16</p> <p>BREAKFAST Brekkie Fruit Milk</p> <p>LUNCH-Chips,Salsa,&Cheese Black Beans, Corn, Celery, & Carrot Sticks Fresh Apple Milk</p>	<p>17</p> <p>BREAKFAST Mini French Toast 100% Fruit Juice Milk</p> <p>LUNCH - Yogurt/Bagel Pack Cherry Tomatoes, Celery, Green Pepper Slices Fresh Apple Milk</p>	<p>18</p> <p>BREAKFAST Berry Cream Cheese Bagel Fruit Milk</p> <p>LUNCH - Pizza Munchable Cucumber Slices Baby Carrots Orange Milk</p>
<p>21</p> <p>BREAKFAST - Cheese Stick & Banana Chocolate Loaf Fruit Milk</p> <p>LUNCH - Turkey Munchable Cucumber Slices Baby Carrots Orange Milk</p>	<p>22</p> <p>BREAKFAST Mini Pancakes 100% Juice Milk</p> <p>LUNCH - Yogurt/Bagel Pack Cherry Tomatoes, Celery, Green Pepper Slices Fresh Apple Milk</p>	<p>23</p> <p>BREAKFAST Brekkie Fruit Milk</p> <p>LUNCH-PretzelBites & Cheese Broccoli, Red Pepper Slices Celery & Carrot Sticks Fresh Apple Milk</p>	<p>24</p> <p>BREAKFAST Mini Pancakes 100% Juice Milk</p> <p>LUNCH - Ham Deli Sandwich Cherry Tomatoes, Celery, Green Pepper Slices Fresh Apple Milk</p>	<p>25</p> <p>BREAKFAST Berry Cream Cheese Bagel Fruit Milk</p> <p>LUNCH-Chips,Salsa,&Cheese Black Beans, Corn, Baby Carrots Orange Milk</p>
<p>28 NO SCHOOL</p>	<p>29</p> <p>BREAKFAST Mini French Toast 100% Fruit Juice Milk</p> <p>LUNCH - Pretzel Pack Broccoli Florets, Celery, Cherry Tomato Fresh Apple Milk</p>	<p>30</p> <p>BREAKFAST Brekkie Fruit Milk</p> <p>LUNCH-Chips,Salsa,&Cheese Black Beans, Corn, Celery, & Carrot Sticks Fresh Apple Milk</p>	  <p>Choose MyPlate.gov</p>	

INFORMATION

Breakfast	\$1.85
Breakfast Reduced	\$0.30
Lunch K-5 / 6-12	\$2.85/\$3
Reduced	\$0.40
Milk	\$0.50

EXTRA INFO

Milk choice of 1% White or Chocolate Skim is included with meal. Pre-Order using Google Questionnaire. For questions or comments, contact Food Service Office at 515-986-9747 x 21 or email donna.sevenich@dcschools.com.

HARVEST OF



THE MONTH

Your **MENUS** plus more information on our app **TaHer Food4Life®**



www.taHer.com