



# Dallas Center-Grimes Community School District

Administration Center

2405 West First Street, Grimes, IA 50111

Phone: 515-992-3866

Fax: 515-992-3079

DCG Families,

As part of efforts to keep buildings healthy, please be aware that school nurses may send a student(s) home for 10 days based on recommendations from the Iowa Department of Public Health and Dallas and Polk County Public Health Departments.

The Iowa Department of Public Health and Polk and Dallas Public Health Departments recommend that any person with **one** high-risk or **two** low-risk symptoms stay home and contact their medical provider for an evaluation.

### **One High Risk Symptom:**

New Cough  
New loss of taste or smell  
Shortness of breath or difficulty breathing

### **Two Low Risk Symptoms:**

Headache  
Muscle or body aches  
Fatigue  
Sore throat  
Runny nose  
Congestion  
Nausea  
Vomiting  
Diarrhea  
Fever\* (temp. greater than 100.4 will be sent home, regardless of having other symptoms)

**Stay home until ALL these conditions are met:**

- 1. No fever for at least 24 hours without fever-reducing medicine.  
AND**
- 2. All symptoms have improved.  
AND**
- 3. At least 10 days have passed since your symptoms first appeared.**

If your child should test positive for COVID-19, please notify your child's building principal or school nurse right away. In addition, we ask that if a student or staff member is waiting on COVID-19 test results to please stay home.

**Documentation of a negative COVID-19 test or alternative diagnosis must be provided to the school in order for the student to be readmitted to in-person activities sooner than the 10 day recommendation.**

Please use the following link for further guidance on when to stay home or [Return Related to COVID-19](#). If a child or staff member receives a positive COVID-19 test result during school hours, please contact your building secretary. If a child or staff receives a positive COVID-19 test result after school hours please let us know immediately by calling the DCG COVID-19 Hotline at **515-985-8430** between the hours of 3:15 pm - 9:30 pm and 6:00 am - 8:00 am. This hotline is answered by a DCG employee. For additional questions, you are directed to contact your health care provider or Polk County Health at 515-286-3798 or Dallas County Public Health at 515-993-3750.

Thank you,  
Dallas Center - Grimes School Nurses