Dallas Center - Grimes BREAKFAST MENU Meals include Entree, Fruit, & Choice of Milk.

September 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		(1)	2	3
		Mini Pancake/ French Toast	Breakfast Sandwich	Long John
		OR	OR	OR
		Choice of Cereal	Choice of Cereal	Choice of Cereal
		Fruit (1c) Milk (1c)	Fruit (1/2c) 100% Fruit Juice (1/2c) Milk (1c)	Fruit (1c) Milk (1c)
No School	7	8	9	10
	Banana Chocolate Loaf w/ Cheese Stick	Mini Pancakes / French Toast,	Breakfast Sandwich	Long John
Have s safe & healthy Labor Day!	OR	OR	OR	OR
	Choice of Cereal	Choice of Cereal	Choice of Cereal	Choice of Cereal
	Fruit (1/2c) 100% Fruit Juice (1/2c) Milk (1c)	Fruit (1c) Milk (1c)	Fruit (1/2c) 100% Fruit Juice (1/2c) Milk (1c)	Fruit (1c) Milk (1c)
3	14)	15	16	17)
anana Chocolate Loaf Cheese Stick	Breakfast Pizza	Mini Pancakes / French Toast,	Breakfast Sandwich	Long John
R	OR	OR	OR	OR
hoice of Cereal	Choice of Cereal	Choice of Cereal	Choice of Cereal	Choice of Cereal
Fruit (1c) Milk (1c)	Fruit (1/2c) 100% Fruit Juice (1/2c) Milk (1c)	Fruit (1c) Milk (1c)	Fruit (1/2c) 100% Fruit Juice (1/2c) Milk (1c)	Fruit (1c) Milk (1c)
0	21)	22	23	24)
anana Chocolate Loaf / Cheese Stick	Breakfast Pizza	Mini Pancakes / French Toast,	Breakfast Sandwich	Long John
R	OR	OR	OR	OR
noice of Cereal	Choice of Cereal	Choice of Cereal	Choice of Cereal	Choice of Cereal
Fruit (1c) Milk (1c)	Fruit (1/2c) 100% Fruit Juice (1/2c) Milk (1c)	Fruit (1c) Milk (1c)	Fruit (1/2c) 100% Fruit Juice (1/2c) Milk (1c)	Fruit (1c) Milk (1c)
7 No School	28	29	30	1
Staff Development	Banana Chocolate Loaf w/ Cheese Stick	Mini Pancakes / French Toast,	Breakfast Sandwich	
	OR	OR	OR	
	Choice of Cereal	Choice of Cereal	Choice of Cereal	
	Fruit (1/2c) 100% Fruit Juice (1/2c) Milk (1c)	Fruit (1c) Milk (1c)	Fruit (1/2c) 100% Fruit Juice (1/2c) Milk (1c)	

1st Student Meal
Adult Meals

Milk
Extra Entree

FREE

\$2.05

\$0.50

\$1.25

Milk choice of 1% White or Chocolate Skim is included with meal. For questions or comments, contact Food Service Office at 515-986-9747 x 4162 or email donna.sevenich@dcgschools.com.



Your MENUS plus more information on our app Taher Food4Life®

