



# Dallas Center Elementary BREAKFAST MENU

January  
2024

Meals include Entree, Fruit, & Choice of Milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1 NO SCHOOL</b> HAPPY NEW YEAR!	<b>2</b> Breakfast Pizza OR Choice of Cereal Graham Crackers  Fresh Fruit (1/2c) Canned Peaches (1/2c) 100% Apple Juice (1/2c)  Choice of Milk (1c)	<b>3</b> Mini Eggo Waffles OR Choice of Cereal Graham Crackers  Fresh Fruit (1/2c) Fruit Cocktail (1/2c) 100% Orange Juice (1/2c)  Choice of Milk (1c)	<b>4</b> Breakfast Sandwich OR Choice of Cereal Graham Crackers  Fresh Fruit (1/2c) Canned Pineapple (1/2c) 100% Apple Juice (1/2c)  Choice of Milk (1c)	<b>5</b> Long John OR Choice of Cereal Graham Crackers  Fresh Fruit (1/2c) Applesauce (1/2c) 100% Orange Juice (1/2c)  Choice of Milk (1c)
<b>8</b> Pancake&Sausage on a Stick OR Choice of Cereal Graham Crackers  Fresh Fruit (1/2c) Canned Pears (1/2c) 100% Orange Juice (1/2c)  Choice of Milk (1c)	<b>9</b> Breakfast Pizza, OR Choice of Cereal Graham Crackers  Fresh Fruit (1/2c) Canned Peaches (1/2c) 100% Apple Juice (1/2c)  Choice of Milk (1c)	<b>10</b> Mini Pancakes OR Choice of Cereal Graham Crackers  Fresh Fruit (1/2c) Fruit Cocktail (1/2c) 100% Orange Juice (1/2c)  Choice of Milk (1c)	<b>11</b> Breakfast Sandwich OR Choice of Cereal Graham Crackers  Fresh Fruit (1/2c) Canned Pineapple (1/2c) 100% Apple Juice (1/2c)  Choice of Milk (1c)	<b>12</b> Long John OR Choice of Cereal Graham Crackers  Fresh Fruit (1/2c) Applesauce (1/2c) 100% Orange Juice (1/2c)  Choice of Milk (1c)
<b>15 NO SCHOOL</b>	<b>16</b> Breakfast Pizza OR Choice of Cereal Graham Crackers  Fresh Fruit (1/2c) Canned Peaches (1/2c) 100% Apple Juice (1/2c)  Choice of Milk (1c)	<b>17</b> Mini Eggo Waffles OR Choice of Cereal Graham Crackers  Fresh Fruit (1/2c) Fruit Cocktail (1/2c) 100% Orange Juice (1/2c)  Choice of Milk (1c)	<b>18</b> Breakfast Sandwich OR Choice of Cereal Graham Crackers  Fresh Fruit (1/2c) Canned Pineapple (1/2c) 100% Apple Juice (1/2c)  Choice of Milk (1c)	<b>19</b> Long John OR Choice of Cereal Graham Crackers  Fresh Fruit (1/2c) Applesauce (1/2c) 100% Orange Juice (1/2c)  Choice of Milk (1c)
<b>22</b> Pancake&Sausage on a Stick OR Choice of Cereal Graham Crackers  Fresh Fruit (1/2c) Canned Pears (1/2c) 100% Orange Juice (1/2c)  Choice of Milk (1c)	<b>23</b> Breakfast Pizza OR Choice of Cereal Graham Crackers  Fresh Fruit (1/2c) Canned Peaches (1/2c) 100% Apple Juice (1/2c)  Choice of Milk (1c)	<b>24</b> Mini Pancakes OR Choice of Cereal Graham Crackers  Fresh Fruit (1/2c) Fruit Cocktail (1/2c) 100% Orange Juice (1/2c)  Choice of Milk (1c)	<b>25</b> Breakfast Sandwich OR Choice of Cereal Graham Crackers  Fresh Fruit (1/2c) Canned Pineapple (1/2c) 100% Apple Juice (1/2c)  Choice of Milk (1c)	<b>26</b> Long John OR Choice of Cereal Graham Crackers  Fresh Fruit (1/2c) Applesauce (1/2c) 100% Orange Juice (1/2c)  Choice of Milk (1c)
<b>29</b> Pancake&Sausage on a Stick OR Choice of Cereal Graham Crackers  Fresh Fruit (1/2c) Canned Pears (1/2c) 100% Orange Juice (1/2c)  Choice of Milk (1c)	<b>30</b> Breakfast Pizza OR Choice of Cereal Graham Crackers  Fresh Fruit (1/2c) Canned Peaches (1/2c) 100% Apple Juice (1/2c)  Choice of Milk (1c)	<b>31</b> Mini Eggo Waffles OR Choice of Cereal Graham Crackers  Fresh Fruit (1/2c) Fruit Cocktail (1/2c) 100% Orange Juice (1/2c)  Choice of Milk (1c)		

## PRICES

1st Student Meal	\$2.10
Reduced Meal	\$0.30
Adult Meal	\$3.00
Extra Entrée	PMV
Milk	\$0.55

## EXTRA INFO

Milk choice of 1% White, Skim,  
or Chocolate Skim is included with meal.  
  
For questions or comments, contact Food  
Service Office at 515-986-9747 x 4162.

## HARVEST OF



## THE MONTH

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