



# DCG High School LUNCH MENU

Meal includes entree, fruit, vegetable, & milk.

January  
2024

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## 1 MONDAY

**HAPPY NEW YEAR!** No School

## 4 THURSDAY

**Chef Line** French Toast Sticks, Sausage Patty, Tater Tots

**Spaghetti Day** Spaghetti W/Meat Sauce,  
**Classic Cafe** Garlic Breadstick

**Grab & Go** Buffalo Chicken Wrap,  
Chicken Caesar Salad

**Diner/Pizza** Cheeseburger on a Bun, Spicy  
Chicken Patty on Bun, Cheese Pizza,  
Pepperoni Pizza, Sausage Pizza

**Fruit & Vegetable** Steamed Green Beans, Romaine  
Lettuce, Cherry Tomato, Cauliflower  
Floret, Applesauce, Fresh Fruit

## 2 TUESDAY

**Chef Line** Mac & Cheese Bar, Garlic  
Breadstick

**Classic Cafe** Nacho Bar, Brown Rice

**Grab & Go** Buffalo Chicken Wrap,  
Chicken Caesar Salad

**Diner/Pizza** Cheeseburger on a Bun, Spicy  
Chicken Patty on Bun, Cheese Pizza,  
Pepperoni Pizza, Sausage Pizza

**Fruit & Vegetable** Steamed Broccoli, Romaine Lettuce,  
Cherry Tomato, Baby Carrots,  
Mixed Canned Fruit, Fresh Fruit

## 5 FRIDAY

**Chef Line** Wing Bar, Whole Grain Dinner Roll,  
Potato Wedges

**Classic Cafe** Chicken Taquito, Mexican Brown  
Rice, Firenze Corn Salad

**Grab & Go** Buffalo Chicken Wrap,  
Chicken Caesar Salad

**Diner/Pizza** Cheeseburger on a Bun, Crispy  
Chicken Sandwich, Cheese Pizza,  
Pepperoni Pizza, Sausage Pizza

**Fruit & Vegetable** Black Beans, Romaine Lettuce,  
Cherry Tomato, Baby Carrots, Diced  
Pears, Fresh Fruit

## 3 WEDNESDAY

**Chef Line** Build Your Own Burger Bar, Sweet  
Potato Fries

**Classic Cafe** Chicken Bacon Ranch Melt

**Grab & Go** Buffalo Chicken Wrap,  
Chicken Caesar Salad

**Diner/Pizza** Cheeseburger on a Bun, Corn Dog,  
Cheese Pizza, Pepperoni Pizza, BBQ  
Chicken Pizza

**Fruit & Vegetable** Cali-Blend Veggies, Romaine  
Lettuce, Cherry Tomato, Celery  
Sticks, Pineapple Tidbits, Fresh Fruit

## EXTRA INFO

### Harvest of the Month



Milk Choice of 1% White, Skim,  
or Chocolate Skim is included with meal.  
Entree Salads are served w/2oz Whole Grains.  
For questions or comments, contact Food Service Office  
at 515-986-9747x4162.

Menus are subject to change without  
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## 8 MONDAY

- Chef Line** Chicken Bacon Alfredo Flatbread
- Classic Cafe** Crispy Chicken Nuggets, Whole Grain Dinner Roll
- Grab & Go** Turkey BLT Wrap, Crispy Chicken Salad
- Diner/Pizza** Cheeseburger on a Bun, Crispy Chicken Sandwich, Cheese Pizza, Pepperoni Pizza, Sausage Pizza
- Fruit & Vegetable** Potatoes, Steamed Corn, Romaine Lettuce, Cherry Tomato, Baby Carrots, Peaches, Diced, Fresh Fruit

## 11 THURSDAY

- Chef Line** Pasta Bar, Whole Grain Dinner Roll
- Classic Cafe** Cheeseburger on a Bun, Tater Tots
- Grab & Go** Turkey BLT Wrap, Crispy Chicken Salad
- Diner/Pizza** Cheeseburger on a Bun, Spicy Chicken Patty on Bun, Cheese Pizza, Pepperoni Pizza, Sausage Pizza
- Fruit & Vegetable** Roasted Broccoli, Romaine Lettuce, Baby Carrots, Cherry Tomato, Applesauce, Fresh Fruit

## 9 TUESDAY

- Chef Line** Beef Hot Dog on a Bun, Harvest Cheddar Sunchip
- Classic Cafe** Nacho Bar, Spanish Rice
- Grab & Go** Turkey BLT Wrap, Crispy Chicken Salad
- Diner/Pizza** Cheeseburger on a Bun, Spicy Chicken Patty on Bun, Cheese Pizza, Pepperoni Pizza, Sausage Pizza
- Fruit & Vegetable** Steamed Green Beans, Romaine Lettuce, Radish, Cherry Tomato, Mixed Canned Fruit, Fresh Fruit

## 12 FRIDAY

- Chef Line** LTO Chicken Enchilada Verde, Cilantro Lime Rice
- Classic Cafe** French Toast Sticks, Sausage Patty
- Grab & Go** Turkey Cranberry Wrap, Crispy Chicken Salad
- Diner/Pizza** Cheeseburger on a Bun, Crispy Chicken Sandwich, Cheese Pizza, Pepperoni Pizza, Sausage Pizza
- Fruit & Vegetable** Glazed Carrots, Romaine Lettuce, Cherry Tomato, Diced Pears, Fresh Fruit

## 10 WEDNESDAY

- Chef Line** LTO Chicken Enchilada Verde, Cilantro Lime Rice
- Classic Cafe** Popcorn Chicken Bowl, Whole Grain Dinner Roll
- Grab & Go** Turkey BLT Wrap, Crispy Chicken Salad
- Diner/Pizza** Cheeseburger on a Bun, Corn Dog, Cheese Pizza, Pepperoni Pizza, BBQ Chicken Pizza
- Fruit & Vegetable** Mashed Potatoes, Refried Beans, Romaine Lettuce, Cherry Tomato, Pineapple Tidbits, Fresh Fruit

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15

MONDAY

No School

18

THURSDAY

**Chef Line** Chicken Alfredo w/Pasta,  
Garlic Breadstick

**Classic Line** Pancakes, Easy Egg Bake

**Grab & Go** Ham and Cheese Charcuterie,  
Chef Salad

**Diner/Pizza** Cheeseburger on a Bun, Spicy  
Chicken Patty on Bun, Cheese Pizza,  
Pepperoni Pizza, Sausage Pizza

**Fruit &  
Vegetable** Kung Fu Carrots, Romaine Lettuce,  
Baby Carrots, Celery Sticks,  
Applesauce, Fresh Fruit

16

TUESDAY

**Chef Line** Chicken Potstickers, Chicken  
Fried Rice

**Classic Cafe** Corn Dog, Rice Krispie Treat

**Grab & Go** Ham and Cheese Charcuterie,  
Chef Salad

**Diner/Pizza** Cheeseburger on a Bun, Spicy  
Chicken Patty on Bun, Cheese Pizza,  
Pepperoni Pizza, Sausage Pizza

**Fruit &  
Vegetable** Black Beans, Romaine Lettuce, Baby  
Carrots, Cauliflower Floret, Mixed  
Canned Fruit, Fresh Fruit

19

FRIDAY

**Chef Line** Homemade Lasagna, Garlic  
Toast

**Classic Cafe** Cheese Bread, Marinara  
Sauce

**Grab & Go** Ham and Cheese Charcuterie,  
Chef Salad

**Diner/Pizza** Cheeseburger on a Bun, Crispy  
Chicken Sandwich, Cheese Pizza,  
Pepperoni Pizza, Sausage Pizza

**Fruit &  
Vegetable** Roasted Broccoli, Romaine Lettuce,  
Cauliflower Floret, Baby Carrots,  
Diced Pears, Fresh Fruit

17

WEDNESDAY

**Chef Line** Build Your Own Burger, Sweet  
Potato Fries

**Classic Cafe** Meatloaf, Whole Grain  
Dinner Roll

**Grab & Go** Ham and Cheese Charcuterie,  
Chef Salad

**Diner/Pizza** Cheeseburger on a Bun, Corn Dog,  
Cheese Pizza, Pepperoni Pizza, BBQ  
Chicken Pizza

**Fruit &  
Vegetable** Mashed Potatoes, Gravy, Romaine  
Lettuce, Baby Carrots, Pineapple  
Tidbits, Fresh Fruit

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MONDAY

**Chef Line** Mac & Cheese Bar

**Diner** Crispy Chicken Nuggets, Whole Grain Dinner Roll

**Grab & Go** Honey Mustard Ham Wrap, Craving Chicken Salad

**Diner/Pizza** Cheeseburger on a Bun, Crispy Chicken Sandwich, Cheese Pizza, Pepperoni Pizza, Sausage Pizza, Ro

**Fruit & Vegetable** Mashed Potatoes, Steamed Peas, Broccoli Florets, Peaches, Diced, Fresh Fruit

25

THURSDAY

**Chef Line** Build Your Own Sub, Kettle Potato Chips

**Classic Cafe** Popcorn Chicken Bowl, Bread Stick

**Grab & Go** Honey Mustard Ham Wrap, Craving Chicken Salad

**Diner/Pizza** Cheeseburger on a Bun, Spicy Chicken Patty on Bun, Cheese Pizza, Pepperoni Pizza, Sausage Pizza

**Fruit & Vegetable** Mashed Potatoes, Romaine Lettuce, Broccoli Florets, Radish, Applesauce, Fresh Fruit

23

TUESDAY

**Chef Line** Breakfast Burrito, Tater Tots

**Classic Cafe** Nacho Bar, Brown Rice

**Grab & Go** Honey Mustard Ham Wrap, Craving Chicken Salad

**Diner/Pizza** Cheeseburger on a Bun, Spicy Chicken Patty on Bun, Cheese Pizza, Pepperoni Pizza, Sausage Pizza

**Fruit & Vegetable** Refried Beans, Romaine Lettuce, Baby Carrots, Broccoli Florets, Mixed Canned Fruit, Fresh Fruit

26

FRIDAY

**Chef Line** LTO Mexican Black Bean Sweet Potato Tacos, Spanish Rice, Or Taco Bar

**Classic Cafe** Beef Chili, Over Corn Bread

**Grab & Go** Honey Mustard Ham Wrap, Craving Chicken Salad

**Diner/Pizza** Choice of Pizza, Crispy Chicken Sandwich, Cheese Pizza, Pepperoni Pizza, Sausage Pizza

**Fruit & Vegetable** Steamed Green Beans, Romaine Lettuce, Cherry Tomato, Broccoli Florets, Diced Pears, Fresh Fruit

24

WEDNESDAY

**Chef Line** LTO Mexican Black Bean Sweet Potato Tacos, Spanish Rice, Or Mac & Cheese Bar

**Classic Cafe** Toasted Italian Cheese Sandwich, Homemade Tomato Soup

**Grab & Go** Honey Mustard Ham Wrap, Craving Chicken Salad

**Diner/Pizza** Cheeseburger on a Bun, Corn Dog, Cheese Pizza, Pepperoni Pizza, BBQ Chicken Pizza

**Fruit & Vegetable** Steamed Carrots, Cauliflower Floret, Broccoli Florets, Pineapple Tidbits, Fresh Fruit

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MONDAY

**Chef Line** Pasta Bar, Bread Stick

**Classic Cafe** Choice of Flatbread,  
Cucumber Ranch Salad

**Grab & Go** NY Style Buffalo Chicken Dip w/  
Flatbread Charcuterie, Southwest  
Chicken Salad

**Diner/Pizza** Cheeseburger on a Bun, Crispy  
Chicken Sandwich, Cheese Pizza,  
Pepperoni Pizza, Sausage Pizza

**Fruit &  
Vegetable** Green Beans, Romaine Lettuce,  
Red/Orange Bell Pepper, Baby  
Carrots, Peaches, Diced, Fresh Fruit

THURSDAY

30

TUESDAY

**Chef Line** Chicken Bites w/ Sweet & Sour  
Sauce, Egg Roll

**Classic Cafe** Pancakes, Easy Egg Bake,  
Tater Tots

**Grab & Go** NY Style Buffalo Chicken Dip w/  
Flatbread Charcuterie, Southwest  
Chicken Salad

**Diner/Pizza** Cheeseburger on a Bun, Spicy  
Chicken Patty on Bun, Cheese Pizza,  
Pepperoni Pizza, Sausage Pizza

**Fruit &  
Vegetable** Kung Fu Carrots, Romaine Lettuce,  
Red/Orange Bell Pepper, Mixed  
Canned Fruit, Fresh Fruit

FRIDAY

31

WEDNESDAY

**Chef Line** Build Your Own Burger, Sweet  
Potato Fries

**Classic Cafe** Orange Chicken, Brown Rice

**Grab & Go** NY Style Buffalo Chicken Dip w/  
Flatbread Charcuterie, Southwest  
Chicken Salad

**Diner/Pizza** Cheeseburger on a Bun, Corn Dog,  
Cheese Pizza, Pepperoni Pizza, BBQ  
Chicken Pizza

**Fruit &  
Vegetable** Steamed Carrots, Romaine Lettuce,  
Radish, Red/Orange Bell Pepper,  
Pineapple Tidbits, Fresh Fruit

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