



# DCG Elementary LUNCH MENU

February  
2024

Meals include Entree, Fruit, Vegetable, & Choice of Milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>29</b>  Cheeseburger on a Bun Golden French Fries Or Turkey Munchable  Black Beans (1/2c) Cucumber Slices (1/4c) Raw Cauliflower (1/4c) Applesauce (1/2c) Fresh Fruit (1/2c) Choice of Milk (1c)	<b>30</b>  Corn Dog Tater Tots or Turkey Munchable  Steamed Corn (1/2c) Baby Carrots (1/4c) Romaine Lettuce (1/2c) Canned Pears (1/2c) Fresh Fruit (1/2c) Choice of Milk (1c)	<b>31</b>  Beef Hot Dog on a Bun Golden French Fries Or Sandwich (Veg.Options)  Corn&BlackBean Salsa (1/2c) Baby Carrots (1/4c) Romaine Lettuce (1/2c) Canned Peaches (1/2c) Fresh Fruit (1/2c) Choice of Milk (1c)	<b>1</b>  Cheese Pizza Bread Stick Or Chef Salad  Steamed Green Beans (1/2c) Cucumber Slices (1/4c) Raw Cauliflower (1/4c) Applesauce (1/2c) Fresh Fruit (1/2c) Choice of Milk (1c)	<b>2</b> <b>Nat'l Tater Tot Day</b>  Toasted Cheese Sandwich Tomato Soup Or Chef Salad  Cali-Blended Veggies (1/2c) Baby Carrots (1/4c) Romaine Lettuce (1/2c) Canned Pears (1/2c) Fresh Fruit (1/2c) Choice of Milk (1c)
<b>5</b>  Beef Chili Cornbread Or Crispy Chicken Wrap  Glazed Carrots (1/2c) Cherry Tomatoes (1/4c) Romaine Lettuce (1/2c) Canned Peaches (1/2c) Fresh Fruit (1/2c) Choice of Milk (1c)	<b>6</b>  Lasagna Bread Stick Or Sandwich (Veg.Options)  Steamed Broccoli (1/2c) Cucumber Slices (1/4c) Raw Cauliflower (1/4c) Fruit Cocktail (1/2c) Fresh Fruit (1/2c) Choice of Milk (1c)	<b>7</b> <b>1:00 Dismissal</b>  Crispy Chicken Sandwich Potato Wedges Or Chef Salad  Steamed Peas (1/2c) Baby Carrots (1/4c) Romaine Lettuce (1/2c) Canned Pineapple (1/2c) Fresh Fruit (1/2c) Choice of Milk (1c)	<b>8</b> <b>Nat'l Pizza Day</b>  Chicken Taquito Firenze Corn Salad Or Chicken Caesar Salad  Black Beans (1/2c) Cucumber Slices (1/4c) Raw Cauliflower (1/4c) Applesauce (1/2c) Fresh Fruit (1/2c) Choice of Milk (1c)	<b>9</b>  Macaroni & Cheese Whole Grain Dinner Roll Or Crispy Chicken Wrap  Cali-Blended Veggies (1/2c) Cucumber Slices (1/4c) Raw Cauliflower (1/4c) Fruit Cocktail (1/2c) Fresh Fruit (1/2c) Choice of Milk (1c)
<b>12</b>  Beef Chili Cornbread Or Crispy Chicken Wrap  Glazed Carrots (1/2c) Cherry Tomatoes (1/4c) Romaine Lettuce (1/2c) Canned Peaches (1/2c) Fresh Fruit (1/2c) Choice of Milk (1c)	<b>13</b> <b>Nat'l Cheddar Day</b>  Macaroni & Cheese Whole Grain Dinner Roll Or Crispy Chicken Wrap  Cali-Blended Veggies (1/2c) Cucumber Slices (1/4c) Raw Cauliflower (1/4c) Fruit Cocktail (1/2c) Fresh Fruit (1/2c) Choice of Milk (1c)	<b>14</b> <b>Happy Valentin's Day</b>  Chicken Bacon Ranch Melt Cucumber Ranch Salad Or Chicken Caesar Salad  Steamed Corn (1/2c) Baby Carrots (1/4c) Romaine Lettuce (1/2c) Canned Pineapple (1/2c) Fresh Fruit (1/2c) Choice of Milk (1c)	<b>15</b>  Chicken Taquito Firenze Corn Salad Or Chicken Caesar Salad  Black Beans (1/2c) Cucumber Slices (1/4c) Raw Cauliflower (1/4c) Applesauce (1/2c) Fresh Fruit (1/2c) Choice of Milk (1c)	<b>16</b> <b>No School</b>
<b>19</b>  Cheese Bosco Stick Marinara Sauce Or Turkey BLT Wrap  Steamed Green Beans (1/2c) Baby Carrots (1/4c) Romaine Lettuce (1/2c) Canned Peaches (1/2c) Fresh Fruit (1/2c) Choice of Milk (1c)	<b>20</b> <b>Nat'l Muffin Day</b>  Nacho Bar Or Turkey BLT Wrap  Corn&BlackBean Salsa (1/2c) Cucumber Slices (1/4c) Raw Cauliflower (1/4c) Fruit Cocktail (1/2c) Fresh Fruit (1/2c) Choice of Milk (1c)	<b>21</b> <b>1:00 Dismissal</b>  Crispy Chicken Sandwich Golden French Fries Or Turkey BLT Wrap  Steamed Corn (1/2c) Baby Carrots (1/4c) Romaine Lettuce (1/2c) Canned Pineapple (1/2c) Fresh Fruit (1/2c) Choice of Milk (1c)	<b>22</b>  Pasta with Meat Sauce Bread Stick Or Crispy Chicken Salad  Steamed Broccoli (1/2c) Cucumber Slices (1/4c) Raw Cauliflower (1/4c) Applesauce (1/2c) Fresh Fruit (1/2c) Choice of Milk (1c)	<b>23</b> <b>Nat'l Pancake Week</b>  Pancakes Sausage Patty Or Crispy Chicken Salad  Tater Tots (1/2c) Baby Carrots (1/4c) Romaine Lettuce (1/2c) Canned Pears (1/2c) Fresh Fruit (1/2c) Choice of Milk (1c)
<b>26</b>  Toasted Cheese Sandwich Tomato Soup Or Chips, Cheese & Salsa  Steamed Green Beans (1/2c) Baby Carrots (1/4c) Romaine Lettuce (1/2c) Canned Peaches (1/2c) Fresh Fruit (1/2c) Choice of Milk (1c)	<b>27</b> <b>Nat'l Strawberry Day</b>  Corn Dog Golden French Fries Or Chips, Cheese & Salsa  Black Beans (1/2c) Cucumber Slices (1/4c) Raw Cauliflower (1/4c) Fruit Cocktail (1/2c) Fresh Strawberries (1/2c) Choice of Milk (1c)	<b>28</b> <b>Nat'l Pancake Day</b>  Pancakes Sausage Patty Or Chef Salad  Tater Tots (1/2c) Baby Carrots (1/4c) Romaine Lettuce (1/2c) Canned Pineapple (1/2c) Fresh Fruit (1/2c) Choice of Milk (1c)	<b>29</b>  Cheeseburger on a Bun Potato Wedges Or Chef Salad  Kung Fu Carrots (1/2c) Cucumber Slices (1/4c) Raw Cauliflower (1/4c) Applesauce (1/2c) Fresh Fruit (1/2c) Choice of Milk (1c)	

PRICES

1st Student Meal	\$3.25
Reduced Meal	\$0.40
Adult Meal	\$4.85
Extra Entree	PMV
Milk	\$0.55

EXTRA INFO

Milk choice of 1% White, Skim,  
or Chocolate Skim is included with lunch.  
  
 Entree Salads served w/2oz Whole Grains.  
  
 For questions or comments, contact Food  
Service Office at 515-986-9747 x 4162.

HARVEST OF



THE MONTH

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