



# DCG High School LUNCH MENU

Meal includes entree, fruit, vegetable, & milk.

February  
2024

FOOD4LIFE® APP • All the MENUS and more! • DOWNLOAD NOW

MONDAY

TUESDAY

WEDNESDAY

1  
THURSDAY

2  
FRIDAY

EXTRA INFO

**Chef Line** Wing Bar, Whole Grain Dinner Roll ,  
Potato Wedges

**Classic Cafe** Grilled Cheese Sandwich,  
Tomato Soup

**Grab & Go** NY Style Buffalo Chicken Dip w/  
Flatbread Charcuterie, Southwest  
Chicken Salad, Whole Grain Dinner

**Diner / Pizza** Cheeseburger, Spicy Chicken Patty  
on Bun, Cheese Pizza, Pepperoni  
Pizza, Sausage Pizza

**Fruit & Veggies** Corn & Black Bean Salsa, Fresh  
Fruit, Applesauce, Cucumber Slices,  
Cauliflower Floret, Cherry Tomato

**Chef Line** French Toast Sticks, Sausage Patty,  
Nat'l Tater Tot Day: Tater Tots

**Classic Cafe** Chicken Alfredo w/Pasta,  
Bread Stick

**Grab & Go** NY Style Buffalo Chicken Dip w/  
Flatbread Charcuterie, Southwest  
Chicken Salad

**Diner / Pizza** Cheeseburger, Crispy Chicken  
Sandwich, Cheese Pizza, Pepperoni  
Pizza, Sausage Pizza

**Fruit & Veggies** Steamed Green Beans, Fresh Fruit,  
Diced Pears, Romaine Lettuce,  
Celery Sticks, Baby Carrots

Harvest of the Month



Milk Choice of 1% White, Skim,  
or Chocolate Skim is included with meal.  
Entree Salads are served w/2oz Whole Grains.  
For questions or comments, contact Food Service Office  
at 515-986-9747x4162.

Menus are subject to change without  
notice. This institution is an equal  
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5  
MONDAY

- Chef Line** Mac & Cheese Bar, Whole Grain Dinner Roll
- Classic Cafe** Crispy Chicken Tenders, Bread Stick, Mashed Potatoes, Gravy
- Grab & Go** Crispy Chicken Wrap, Chef Salad, Whole Grain Dinner Roll
- Diner / Pizza** Cheeseburger, Crispy Chicken Sandwich, Cheese Pizza, Pepperoni Pizza, Sausage Pizza
- Fruit & Veggies** Steamed Corn, Fresh Fruit, Canned Peaches, Baby Carrots, Romaine Lettuce, Celery Sticks

8  
THURSDAY

- Chef Line** Baked Potato Bar, Whole Grain Dinner Roll
- Classic Cafe** Queso Chicken and Spanish Rice
- Grab & Go** Buffalo Chicken Wrap, Chicken Caesar Salad, Whole Grain Dinner Roll
- Diner / Pizza** Cheeseburger, Spicy Chicken Patty on Bun, Nat'l Pizza Day: Cheese Pizza, Sausage Pizza, Pepperoni Pizz
- Fruit & Veggies** Steamed Carrots, Fresh Fruit, Applesauce, Cucumber Slices, Cauliflower Floret, Cherry Tomato

6  
TUESDAY

- Chef Line** Italian Meatball Sub, Kettle Potato Chips
- Classic Cafe** Chicken Fajitas, Mexican Brown Rice
- Grab & Go** Crispy Chicken Wrap, Chef Salad, Whole Grain Dinner Roll
- Diner / Pizza** Cheeseburger, Spicy Chicken Patty on Bun, Cheese Pizza, Pepperoni Pizza, Sausage Pizza
- Fruit & Veggies** Baked Beans, Fresh Fruit, Mixed Canned Fruit, Cucumber Slices, Cauliflower Floret, Radish

9  
FRIDAY

- Chef Line** LTO Ham & Cheese Risotto
- Classic Cafe** Lasagna Rollup with Sauce, Garlic Toast
- Grab & Go** Buffalo Chicken Wrap, Chicken Caesar Salad, Whole Grain Dinner Roll
- Diner / Pizza** Cheeseburger, Crispy Chicken Sandwich, Cheese Pizza, Pepperoni Pizza, Sausage Pizza
- Fruit & Veggies** California Blend Vegetable, Fresh Fruit, Diced Pears, Baby Carrots, Romaine Lettuce, Celery Sticks

7  
WEDNESDAY

- Chef Line** LTO Ham & Cheese Risotto
- Classic Cafe** Chicken Bacon Ranch Flatbread, Cucumber Ranch Salad
- Grab & Go** Crispy Chicken Wrap, Chef Salad, Whole Grain Dinner Roll
- Diner / Pizza** Cheeseburger, Mini Corn Dogs, Cheese Pizza, Pepperoni Pizza, & BBQ Chicken Pizza
- Fruit & Veggies** Steamed Broccoli, Fresh Fruit, Pineapple Tidbits, Baby Carrots, Romaine Lettuce, Celery Sticks

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12

MONDAY

**Chef Line** Beef Chili, WG Cornbread

**Classic Cafe** Nacho Bar, Fried Rice

**Grab & Go** Deli Wrap, Turkey BLT Salad, Whole Grain Dinner Roll

**Diner / Pizza** Cheeseburger, Crispy Chicken Sandwich, Cheese Pizza, Pepperoni Pizza, Sausage Pizza

**Fruit & Veggies** Refried Beans, Fresh Fruit, Canned Peaches, Romaine Lettuce, Celery Sticks, Baby Carrots

15

THURSDAY

**Chef Line** Pasta Bar w/Alfredo or Meatsauce, Bread Stick

**Classic Cafe** Chicken Bacon Ranch Melt, Potato Wedges

**Grab & Go** Deli Wrap, Turkey BLT Salad, Whole Grain Dinner Roll

**Diner / Pizza** Cheeseburger, Spicy Chicken Patty on Bun, Cheese Pizza, Pepperoni Pizza, Sausage Pizza

**Fruit & Veggies** Steamed Broccoli, Fresh Fruit, Applesauce, Cucumber Slices, Cauliflower Floret, Cherry Tomato

13

TUESDAY

**Chef Line** Nat'l Cheddar Day: Mac & Cheese Bar, Whole Grain Dinner Roll

**Classic Cafe** BBQ Chicken Sandwich, Cajun Chips

**Grab & Go** Deli Wrap, Turkey BLT Salad, Whole Grain Dinner Roll

**Diner / Pizza** Cheeseburger, Spicy Chicken Patty on Bun, Cheese Pizza, Pepperoni Pizza, Sausage Pizza

**Fruit & Veggies** Steamed Peas, Fresh Fruit, Mixed Canned Fruit, Cucumber Slices, Cauliflower Floret, Radish

16

FRIDAY

No School

14

WEDNESDAY

**Chef Line** Happy Valentine's Day!, Build Your Own Burger Bar, Sweet Potato Fries

**Classic Cafe** Chicken Fried Rice, Egg Roll, Fortune Cookie

**Grab & Go** Deli Wrap, Turkey BLT Salad, Whole Grain Dinner Roll

**Diner / Pizza** Pizza Crunchers, Mini Corn Dogs, Cheese Pizza, Pepperoni Pizza, BBQ Chicken Pizza

**Fruit & Veggies** Steamed Carrots, Fresh Fruit, Pineapple Tidbits, Romaine Lettuce, Celery Sticks, Baby Carrots

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19

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- Chef Line** Chicken Legs BBQ or Plain, Potato Wedges
- Classic Cafe** Beef Stroganoff, Bread Stick
- Grab & Go** Buffalo Chicken Wrap, Chef Salad, Whole Grain Dinner Roll
- Diner / Pizza** Cheeseburger, Crispy Chicken Sandwich, Cheese Pizza, Pepperoni Pizza, Sausage Pizza
- Fruit & Veggies** Mashed Potatoes, Gravy, Steamed Corn, Fresh Fruit, Canned Peaches, Romaine Lettuce, Celery Sticks

22

THURSDAY

- Chef Line** Nat'l Pancake Week: Pancakes, Egg Patty, Sausage Patty
- Classic Cafe** Popcorn Chicken Bowl, Whole Grain Dinner Roll
- Grab & Go** Buffalo Chicken Wrap, Chef Salad, Whole Grain Dinner Roll
- Diner / Pizza** Cheeseburger, Spicy Chicken Patty on Bun, Cheese Pizza, Sausage Pizza, Pepperoni Pizza
- Fruit & Veggies** Fresh Fruit, Applesauce, Cucumber Slices, Cauliflower Floret, Cherry Tomato

20

TUESDAY

- Chef Line** Nacho Bar Chicken or Beef, Cilantro Lime Rice, Black Beans
- Classic Cafe** Beef Hot Dog on a Bun, Kettle Potato Chips
- Grab & Go** Buffalo Chicken Wrap, Chef Salad, Whole Grain Dinner Roll
- Diner / Pizza** Cheeseburger, Spicy Chicken Patty on Bun, Cheese Pizza, Pepperoni Pizza, Sausage Pizza
- Fruit & Veggies** Fresh Fruit, Mixed Canned Fruit, Cucumber Slices, Cauliflower Floret, Radish, Nat'l Muffin Day: Muffin

23

FRIDAY

- Chef Line** LTO Japanese Brown Rice Sushi Bowl Or, Taco Bar, Corn & Black Bean Salsa
- Classic Cafe** Italian Pasta Bake, Garlic Toast
- Grab & Go** Buffalo Chicken Wrap, Chef Salad, Whole Grain Dinner Roll
- Diner / Pizza** Cheeseburger, Crispy Chicken Sandwich, Cheese Pizza, Pepperoni Pizza, Sausage Pizza
- Fruit & Veggies** Steamed Broccoli, Fresh Fruit, Diced Pears, Baby Carrots, Romaine Lettuce, Celery Sticks

21

WEDNESDAY

- Chef Line** LTO Japanese Brown Rice Sushi Bowl Or, Mac & Cheese Bar
- Classic Cafe** Italian Meatball Sub, Potato Wedges
- Grab & Go** Buffalo Chicken Wrap, Chef Salad, Whole Grain Dinner Roll
- Diner / Pizza** Cheeseburger, Mini Corn Dogs, Cheese Pizza, Pepperoni Pizza, BBQ Chicken Pizza
- Fruit & Veggies** Roasted Cauliflower, Fresh Fruit, Pineapple Tidbits, Baby Carrots, Romaine Lettuce, Celery Sticks

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**Chef Line** Chicken Parmesan w/Pasta, Bread Stick

**Classic Cafe** Hot Ham & Cheese Bagel, Tater Tots

**Grab & Go** Turkey BLT Wrap, Crispy Chicken Salad, Whole Grain Dinner Roll

**Diner / Pizza** Cheeseburger, Crispy Chicken Sandwich, Cheese Pizza, Pepperoni Pizza, Sausage Pizza

**Fruit & Veggies** Broccoli, Fresh Fruit, Peaches, Diced, Baby Carrots, Romaine Lettuce, Celery Sticks

29

THURSDAY

**Chef Line** Build Your Own Burger Bar, Sweet Potato Fries

**Classic Cafe** Ravioli with Meat Sauce, Bread Stick

**Grab & Go** Turkey BLT Wrap, Crispy Chicken Salad, Whole Grain Dinner Roll

**Diner / Pizza** Pizza Crunchers, Spicy Chicken Patty on Bun, Cheese Pizza, Pepperoni Pizza, Sausage Pizza

**Fruit & Veggies** Steamed Green Beans, Fresh Fruit, Applesauce, Cucumber Slices, Cauliflower Floret, Cherry Tomato

27

TUESDAY

**Chef Line** Chicken Bites w/ Sweet & Sour Sauce, Brown Rice, Kung Fu Carrots, Egg Roll

**Classic Cafe** Nacho Bar, Brown Rice, Black Beans

**Grab & Go** Turkey BLT Wrap, Crispy Chicken Salad, Whole Grain Dinner Roll

**Diner / Pizza** Cheeseburger, Spicy Chicken Patty on Bun, Cheese Pizza, Pepperoni Pizza, Sausage Pizza

**Fruit & Veggies** Can Fruit, Cucumber Slices, Cauliflower Floret, Radish, Nat'l Strawberry Day: Strawberries

FRIDAY

28

WEDNESDAY

**Chef Line** Nat'l Pancake Day: Pancakes, Sausage Patty, Tater Tots

**Classic Cafe** Meatloaf, Mashed Potatoes, Whole Grain Dinner Roll

**Grab & Go** Turkey BLT Wrap, Crispy Chicken Salad, Whole Grain Dinner Roll

**Diner / Pizza** Cheeseburger, Mini Corn Dogs, Cheese Pizza, Pepperoni Pizza, BBQ Chicken Pizza

**Fruit & Veggies** Steamed Corn, Fresh Fruit, Pineapple Tidbits, Baby Carrots, Romaine Lettuce, Celery Sticks

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