


December – GF/DF Menu

Elementary/DCG MS

<p>2 Grilled Chicken Sandwich on GF Bun Tater Tots Or GF/DF Waffles Pork Sausage Tater Tots</p>	<p>3 Beef Taco on GF Tortilla w/DF Shredded Cheese Refried Beans Shredded Lettuce Salsa Or Chef Salad w/DF Cheese & GF Muffin</p>	<p>4 Turkey & DF Cheese Wrap on GF Tortilla Or Grilled Chicken Sandwich on GF Bun Tater Tots</p>	<p>5 Marinara & Meatballs over GF Rotini Green Beans Or Chef Salad w/DF Cheese & GF Muffin</p>	<p>6 GF/DF Pizza Seasoned Corn Or Turkey & DF Cheese Wrap on GF Tortilla</p>
<p>9 GF Chicken Tenders GF/DF Waffles Carrots Or Little Italy Wrap with GF Tortilla and DF Cheese</p>	<p>10 Beefy Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa Or Grilled Chicken Sandwich on GF Bun</p>	<p>11 Cheeseburger on GF Bun and DF Sliced Cheese Fries Or GF Chicken Nuggets</p>	<p>12 Grilled Chicken Breast and Marinara Sauce Over GF Pasta Topped with DF Cheese Peas Or Little Italy Wrap with GF Tortilla and DF Cheese</p>	<p>13 Gf and DF Cheese Pizza Savory Green Beans Or GF Chicken Nuggets</p>
<p>16 GF and DF Waffles Sausage Tater Tots Or GF and DF Buffalo Chicken Wrap</p>	<p>17 Beef Taco on GF Tortilla with DF Shredded Cheese Refried Beans Shredded Lettuce Salsa Or Toasty DF Cheese Sandwich on GF Bread</p>	<p>18 Turkey Hot Dog on GF Bun Fries Or Ham and DF Cheese Sandwich on GF Bread</p>	<p>19 Italian Meat Sauce Over GF Pasta Broccoli Or Toasty DF Cheese Sandwich on GF Bread</p>	<p>20 Gf and DF Cheese Pizza Rainbow Veggie Medley Or GF and DF Buffalo Chicken Wrap</p>
<p>23</p>	<p>24</p>	<p>25 </p>	<p>26</p>	<p>27</p>
<p>30</p>	<p>31</p>			

*We offer a full fruit and vegetable bar, as well as fresh whole fruit daily as part of the meal options.