## January – GF/DF Menu Elementary/DCG MS

January O	i/Di Menu		iental y/ DCG	1413
6 Cheeseburger on GF Bun with DF Cheese Tater Tots Or GF/DF Waffles Pork Sausage Tater Tots	7 Beef Taco on GF Tortilla w/DF Shredded Cheese Refried Beans Shredded Lettuce Salsa Or Chef Salad w/DF Cheese & GF Muffin	8 GF Chicken Tenders Tater Tots Or Ham & DF Cheese Wrap on GF Tortilla	9 Marinara & Meatballs over GF Rotini Green Beans Or Chef Salad w/DF Cheese & GF Muffin	10 GF/DF Cheese Pizza Savory Green Beans Or Cheeseburger on GF Bun with DF Cheese
13 GF/DF Pancakes Pork Sausage Tater Tots Or Turkey & DF Cheese Wrap on GF Tortilla	14 Beefy Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa Or Chef Salad w/DF Cheese & GF Muffin	15 Grilled Chicken Sandwich on GF Bun Fries Or Turkey & DF Cheese Wrap on GF Tortilla	16 Turkey Hot Dog on GF Bun Fries Or GF Chicken Tenders Tater Tots	17 No School
20 No School	21 Beefy Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa Or Grilled Chicken Sandwich on GF Bun	Cheeseburger on GF Bun and DF Sliced Cheese Fries Or GF Chicken Nuggets	Grilled Chicken Breast and Marinara Sauce Over GF Pasta Topped with DF Cheese Peas Or Little Italy Wrap with GF Tortilla and DF Cheese	Gf and DF Cheese Pizza Savory Green Beans Or GF Chicken Nuggets
GF and DF Waffles Sausage Tater Tots Or GF and DF Buffalo Chicken Wrap	28 Beef Taco on GF Tortilla with DF Shredded Cheese Refried Beans Shredded Lettuce Salsa Or Toasty DF Cheese Sandwich on GF Bread	Turkey Hot Dog on GF Bun Fries Or Ham and DF Cheese Sandwich on GF Bread	30 Italian Meat Sauce Over GF Pasta Broccoli Or Toasty DF Cheese Sandwich on GF Bread	31 Gf and DF Pepperoni Cheese Pizza Corn Or GF and DF Buffalo Chicken Wrap

*We offer a full fruit and vegetable bar, as well as fresh whole fruit daily as part of the meal options.				