

January – GF/DF Menu

DCG HS

<p>6 Beef Taco on GF Tortilla w/DF Shredded Cheese Refried Beans Shredded Lettuce Salsa Or F/DF Waffles Pork Sausage Tater Tots</p>	<p>7 Grilled Chilled Sandwich on GF Bun Or Meatball Sub on GF Bun w/DF Cheese Fries</p>	<p>8 Cheeseburger on GF Bun and DF Sliced Cheese Fries Or GF Chicken Tenders Tater Tots</p>	<p>9 Grilled Chicken Bacon Club on GF Sandwich Bread – No Mayo Or Ham and DF Cheese on GF Bread Fries</p>	<p>10 GF/DF Pizza Or Cheeseburger on GF Bun and DF Sliced Cheese Fries</p>
<p>13 GF Pancakes Sausage Tater Tots Or Beefy Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa</p>	<p>14 Ham and DF Cheese GF Bagel Melt Or Grilled Chicken Sandwich on GF Bun with DF Cheese</p>	<p>15 Cheeseburger on GF Bun and DF Sliced Cheese Fries Or GF Chicken Nuggets Fries</p>	<p>16 Meatball Sub on GF Bun w/DF Cheese Fries Or Gf and DF Cheese Pizza</p>	<p>17 No School</p>
<p>20 No School</p>	<p>21 Grilled Chicken Sandwich on GF Bun Or Turkey BLT Wrap with GF Tortilla and DF Cheese</p>	<p>22 BBQ Pork on GF Bun French Fries Or GF Chicken Tenders French Fries</p>	<p>23 Grilled Chicken Sandwich on GF Bun Or Marinara & Meatballs over GF Rotini Steamed Broccoli</p>	<p>24 Gf and DF Cheese Pizza Or Beef Taco on GF Tortilla with DF Shredded Cheese Refried Beans Shredded Lettuce Salsa</p>
<p>27 Cheeseburger on GF Bun and DF Sliced Cheese Fries Or GF Waffles Sausage Tater Tots</p>	<p>28 Toasty DF Cheese Sandwich on GF Bread Corn Or Ham and DF Cheese on GF Bagel Fries</p>	<p>29 Hot Dog on GF Bun Fries Green Beans Or Grilled Chicken Sandwich on GF Bun Fries</p>	<p>30 Baked Chicken Thigh Green Beans Or Sante Fe Turkey & DF Cheese on GF Tortilla</p>	<p>31 Grilled Turkey & DF Cheese on GF Bread Fries Or Beefy Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa</p>

*We offer a full fruit and vegetable bar, as well as fresh whole fruit daily as part of the meal options.