

# February – GF/DF Menu

# Elementary/DCG MS

<p>3 Cheeseburger on GF Bun with DF Cheese Tater Tots Or GF/DF Waffles Pork Sausage Tater Tots</p>	<p>4 Beef Taco on GF Tortilla w/DF Shredded Cheese Refried Beans Shredded Lettuce Salsa Or Chef Salad w/DF Cheese &amp; GF Muffin</p>	<p>5 GF Chicken Tenders Tater Tots Or Ham &amp; DF Cheese Wrap on GF Tortilla</p>	<p>6 Meat Sauce over GF Rotini Green Beans Or Chef Salad w/DF Cheese &amp; GF Muffin</p>	<p>7 GF/DF Cheese Pizza Savory Green Beans Or Cheeseburger on GF Bun with DF Cheese</p>
<p>10 GF/DF Pancakes Pork Sausage Tater Tots Or Turkey &amp; DF Cheese Wrap on GF Tortilla</p>	<p>11 Beefy Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa Or Chef Salad w/DF Cheese &amp; GF Muffin</p>	<p>12 Grilled Chicken Sandwich on GF Bun Fries Or Turkey &amp; DF Cheese Wrap on GF Tortilla</p>	<p>13 Marinara Sauce &amp; GF Meatballs Over GF Pasta Or GF Chicken Tenders Tater Tots</p>	<p>14 Gf and DF Pepperoni Cheese Pizza Corn Or Grilled Chicken Sandwich on GF Bun Fries</p>
<p>17 Turkey Ham &amp; Pepperoni Wrap on GF Tortilla Or GF and DF Waffles Sausage Tater Tots</p>	<p>18 Beefy Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa Or Grilled Chicken Sandwich on GF Bun</p>	<p>19 Cheeseburger on GF Bun and DF Sliced Cheese Fries Or GF Chicken Nuggets</p>	<p>20 Grilled Chicken Breast and Marinara Sauce Over GF Pasta Topped with DF Cheese Peas Or Little Italy Wrap with GF Tortilla and DF Cheese</p>	<p>21 Gf and DF Cheese Pizza Savory Green Beans Or GF Chicken Nuggets</p>
<p>24 GF/DF Pancakes Sausage Patty Tater Tots Or GF and DF Buffalo Chicken Wrap</p>	<p>25 Beef Taco on GF Tortilla with DF Shredded Cheese Refried Beans Shredded Lettuce Salsa Or Toasty DF Cheese Sandwich on GF Bread</p>	<p>26 Turkey Hot Dog on GF Bun Fries Or Ham and DF Cheese Sandwich on GF Bread</p>	<p>27 Italian Meat Sauce Over GF Pasta Broccoli Or Toasty DF Cheese Sandwich on GF Bread</p>	<p>28 Gf and DF Pepperoni Cheese Pizza Corn Or GF and DF Buffalo Chicken Wrap</p>

\*We offer a full fruit and vegetable bar, as well as fresh whole fruit daily as part of the meal options.