March – GF/DF Menu Elementary/DCG MS

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 3  Cheeseburger on GF Bun with DF Cheese  Tater Tots  Or  GF/DF Waffles  Pork Sausage  Tater Tots | 4  Beef Taco on GF Tortilla w/DF Shredded Cheese  Refried Beans  Shredded Lettuce  Salsa  Or  Chef Salad w/DF Cheese & GF Muffin | 5  GF Chicken Tenders  Tater Tots  Or  Ham & DF Cheese Wrap on GF Tortilla | 6  Meat Sauce over GF Rotini  Green Beans  Or  Chef Salad w/DF Cheese & GF Muffin | 7  GF/DF Cheese Pizza  Savory Green Beans  Or  Cheeseburger on GF Bun with DF Cheese |
| 10  GF/DF Pancakes  Pork Sausage  Tater Tots  Or  Turkey & DF Cheese Wrap on GF Tortilla | 11  Beefy Nachos with GF Chips and DF Shredded Cheese  Refried Beans  Shredded Lettuce  Salsa  Or  Chef Salad w/DF Cheese & GF Muffin | 12  Grilled Chicken Sandwich on GF Bun  Fries  Or  Turkey & DF Cheese Wrap on GF Tortilla | 13  Marinara Sauce  Over GF Pasta  Green Beans  Or  GF Chicken Tenders  Tater Tots | 14  No School |
| Spring Break  No School | | | | |
| 24  GF Chicken Nuggets  Tater Tots  Carrots  Or  GF and DF Buffalo Chicken Wrap | 25  Beef Taco on GF Tortilla with DF Shredded Cheese  Refried Beans  Shredded Lettuce  Salsa  Or  Toasty DF Cheese Sandwich on GF Bread | 26  Turkey Hot Dog on GF Bun  Fries  Or  Ham and DF Cheese Sandwich on GF Bread | 27  Italian Meat Sauce  Over  GF Pasta  Broccoli  Or  Toasty DF Cheese Sandwich on GF Bread | 28  Gf and DF Pepperoni Cheese Pizza  Corn  Or  GF and DF Buffalo Chicken Wrap |
| 31  GF/DF Pancakes  Sausage Patty  Tater Tots  Or  Cheeseburger on GF Bun and DF Sliced Cheese  Fries |  |  |  |  |

\*We offer a full fruit and vegetable bar, as well as fresh whole fruit daily as part of the meal options.