

# April – GF/DF Menu

# Elementary/DCG MS

	1 Beef Taco on GF Tortilla w/DF Shredded Cheese Refried Beans Shredded Lettuce Salsa Or Chef Salad w/DF Cheese & GF Muffin	2 GF Chicken Tenders Tater Tots Corn Or Sunbutter Sandwich & Veggie Fun Lunch	3 Marinara & Meatballs over GF Rotini Broccoli Or Chef Salad w/DF Cheese & GF Muffin	4 GF/DF Cheese Pizza Savory Green Beans Or Cheeseburger on GF Bun Or Hamburger for DF Green Beans
7 Turkey Hot Dog on GF Bun Fries Or Turkey Wrap on GF Tortilla	8 Beefy Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa Or Chef Salad w/DF Cheese & GF Muffin	9 GF Chicken Nuggets Fries Or Turkey & DF Cheese Wrap on GF Tortilla	10 Cheeseburger on GF Bun Or Hamburger for DF Green Beans Or Nacho, DF Shredded Cheese, and Salsa Fun Lunch	11 GF/DF Cheese Pizza Corn Or Turkey Wrap on GF Tortilla
14 Cheeseburger on GF Bun Or Hamburger for DF Tater Tots Or GF/DF Waffles Pork Sausage Tater Tots	15 Beefy Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa Or Grilled Chicken Sandwich on GF Bun	16 GF BBQ Pork on GF Bun Fries Or GF Chicken Nuggets Fries	17 Cheeseburger on GF Bun Or Hamburger for DF Peas Or Sunbutter Sandwich & Veggie Fun Lunch	18 Gf and DF Cheese Pizza Savory Green Beans Or GF Chicken Nuggets
21 GF Chicken Tenders Tater Tots Carrots Or GF and DF Buffalo Chicken Wrap	22 Beef Taco on GF Tortilla with DF Shredded Cheese Refried Beans Shredded Lettuce Salsa Or Toasty DF Cheese Sandwich on GF Bread	23 Turkey Hot Dog on GF Bun Fries Or Turkey Wrap on GF Tortilla	24 Marinara & Meatballs over GF Rotini Broccoli Or Toasty DF Cheese Sandwich on GF Bread	25 Gf and DF Pepperoni Cheese Pizza Corn Or GF and DF Buffalo Chicken Wrap
28 GF/DF Pancakes Pork Sausage Tater Tots Or Chicken Wrap on GF Tortilla	29 Beef Taco on GF Tortilla w/DF Shredded Cheese Refried Beans Shredded Lettuce Salsa Or Chef Salad w/DF Cheese & GF Muffin	30 GF Chicken Tenders Tater Tots Corn Or Cheeseburger on GF Bun Or Hamburger for DF Tater Tots		

\*We offer a full fruit and vegetable bar, as well as fresh whole fruit daily as part of the meal options.