

# May – GF/DF Menu

# Elementary/DCG MS

			1 Marinara & Meatballs over GF Rotini Broccoli Or Turkey Chef Salad w/DF Cheese & GF Muffin	2 GF/DF Cheese Pizza Savory Green Beans Or Cheeseburger on GF Bun Or Hamburger for DF
5 GF/DF Waffles Pork Sausage Tater Tots Or Cheeseburger on GF Bun Or Hamburger for DF	6 Beefy Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa Or Chef Salad w/DF Cheese & GF Muffin	7 GF Chicken Tenders Tater Tots Corn Or Sunbutter Sandwich & Veggie Fun Lunch	8 Marinara & Meatballs over GF Rotini Broccoli Or Chef Salad w/DF Cheese & GF Muffin	9 GF/DF Cheese Pizza Savory Green Beans Or Cheeseburger on GF Bun Or Hamburger for DF Green Beans
12 Turkey Hot Dog on GF Bun Fries Or Turkey Wrap on GF Tortilla	13 Beefy Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa Or Chef Salad w/DF Cheese & GF Muffin	14 GF Chicken Nuggets Fries Or Turkey & DF Cheese Wrap on GF Tortilla	15 Cheeseburger on GF Bun Or Hamburger for DF Green Beans Or Nacho, DF Shredded Cheese, and Salsa Fun Lunch	16 GF/DF Cheese Pizza Corn Or Turkey Wrap on GF Tortilla
19 GF Chicken Tenders Tater Tots Carrots Or Cheeseburger on GF Bun Or Hamburger for DF Tater Tots	20 Beefy Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa Or Grilled Chicken Sandwich on GF Bun	21 GF BBQ Pork on GF Bun Fries Or GF Chicken Nuggets Fries	22 Cheeseburger on GF Bun Or Hamburger for DF Peas Or Sunbutter Sandwich & Veggie Fun Lunch	23 Gf and DF Cheese Pizza Savory Green Beans Or GF Chicken Nuggets
26 Memorial Day No School	27 Beef Taco on GF Tortilla with DF Shredded Cheese Refried Beans Shredded Lettuce Salsa Or Toasty DF Cheese Sandwich on GF Bread	28 Turkey Hot Dog on GF Bun Fries Or Turkey Wrap on GF Tortilla	29 Marinara & Meatballs over GF Rotini Broccoli Or Toasty DF Cheese Sandwich on GF Bread	30 Gf and DF Pepperoni Cheese Pizza Corn Or GF and DF Buffalo Chicken Wrap

\*We offer a full fruit and vegetable bar, as well as fresh whole fruit daily as part of the meal options.