

October – GF/DF Menu

Oak View

		1 Turkey Hot Dog on GF Bun Fries Or Cheeseburger on GF Bun Or Hamburger for DF	2 GF/DF Pizza Or Beefy Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa	3 Marinara & Meatballs over GF Rotini Vegetables Or Cheeseburger on GF Bun Or Hamburger for DF
6 GF Chicken Tenders Tater Tots Carrots Or Cheeseburger on GF Bun Or Hamburger for DF	7 Beefy Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa Or GF/DF Cheese Pizza	8 Buffalo Chicken Wrap on GF Tortilla Or Cheeseburger on GF Bun Or Hamburger for DF French Fries	9 GF/DF Pizza Or Turkey on GF Sub with DF Cheese French Fries	10 Cheeseburger on GF Bun Or Hamburger for DF French Fries Or Buffalo Chicken Wrap on GF Tortilla
13 GF Chicken Tenders Tater Tots Green Beans Or Cheeseburger on GF Bun Or Hamburger for DF French Fries	14 Beefy Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa Or Toasty DF Cheese Sandwich on GF Bread	15 Turkey Hot Dog on GF Bun Fries Or GF Chicken Nuggets Fries	16 GF Chicken Tender Sandwich French Fries Or GF/DF Cheese Pizza	17 Marinara & Meatballs over GF Rotini Broccoli Or Cheeseburger on GF Bun Or Hamburger for DF French Fries
20 GF/DF Waffles Pork Sausage Tater Tots Or Cheeseburger on GF Bun Or Hamburger for DF Tater Tots	21 Beefy Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa Or Turkey Wrap on GF Tortilla	22 GF Chicken Tenders Tater Tots Or Chicken Wrap on GF Bun Fries	23 Cheeseburger on GF Bun Or Hamburger for DF Fries Or Turkey on GF Sub with DF Cheese French Fries	24 Gf and DF Cheese Pizza Or Cheeseburger on GF Bun Or Hamburger for DF Fries
27 No School	28 Beef Taco on GF Tortilla with DF Shredded Cheese Refried Beans Shredded Lettuce Salsa Or Buffalo Chicken Wrap on GF Tortilla	29 GF Chicken Nuggets Fries Carrots Or Cheeseburger on GF Bun Or Hamburger for DF Fries	30 Pork Sandwich On GF Bun Or Spicy GF Chicken Tender Sandwich French Fries	31 GF Chicken Tender Sandwich French Fries Or GF/DF Cheese Pizza

*We offer a full fruit and vegetable bar, as well as fresh whole fruit daily as part of the meal options.