

November – GF/DF Menu

Elementary/DC MS

3 GF/DF Cheese Pizza Or Cheeseburger on GF Bun Or Hamburger for DF French Fries	4 Beef Tacos on GF Tortilla and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa Or Toasty DF Cheese Sandwich on GF Bread	5 GF Pork Sandwich Fries Or GF Little Italy Wrap	6 GF Chicken Nuggets Fries Or Cheeseburger on GF Bun Or Hamburger for DF Fries	7 GF/DF Cheese Pizza Or GF Chicken Nuggets Fries
10 GF Chicken Tenders Tater Tots Carrots Or Cheeseburger on GF Bun Or Hamburger for DF	11 Beef Tacos on GF Tortilla and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa Or Toasty DF Cheese Sandwich on GF Bread	12 Turkey Hot Dog on GF Bun French Fries Or Cheeseburger on GF Bun Or Hamburger for DF French Fries	13 Marinara & Meatballs over GF Rotini Broccoli Or Ham & Cheese Wrap on GF Tortilla French Fries	14 No School
17 GF/DF Waffles Pork Sausage Tater Tots Or Cheeseburger on GF Bun Or Hamburger for DF French Fries	18 Beefy Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa Or Turkey Chef Salad with GF Muffin	19 GF Chicken Nuggets Fries Or Sunbutter Sandwich on GF Bread	20 GF Chicken Tender Sandwich French Fries Or Marinara & Meatballs over GF Rotini Broccoli	21 GF/DF Cheese Pizza Or Cheeseburger on GF Bun Or Hamburger for DF French Fries
24 GF Chicken Tenders Tater Tots Or Cheeseburger on GF Bun Or Hamburger for DF Tater Tots	25 Beefy Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa Or Egg and DF Cheddar Salad with GF Muffin	26 Thanksgiving Break	27 Thanksgiving Break	28 Thanksgiving Break

*We offer a full fruit and vegetable bar, as well as fresh whole fruit daily as part of the meal options.