	_		_	
3	4	5	6	7
Cheeseburger on GF	Beefy Nachos with GF	GF Chicken Nuggets	GF/DF Pizza	Marinara &
Bun or Hamburger for	Chips and DF	Fries	Or	Meatballs over GF
DF French Fries	Shredded Cheese	Or	GF Chicken Tender	Rotini
Dr French Fries				
	Refried Beans	Cheeseburger on GF	Sandwich	Vegetables
	Shredded Lettuce	Bun	French Fries	Or
	Salsa	Or		Cheeseburger on GF
	Or	Hamburger for DF		Bun
	GF/DF Cheese Pizza			Or
	,			Hamburger for DF
10	11	12	13	14
_ ·				
GF Chicken Tenders	Beefy Nachos with GF	Meatball Sub on GF	GF/DF Pizza	No School
Tater Tots	Chips and DF	Bun	Or	
Carrots	Shredded Cheese	French Fries	GF Chicken Tender	
Or	Refried Beans	Or	Sandwich	
Cheeseburger on GF	Shredded Lettuce	Cheeseburger on GF	French Fries	
Bun	Salsa	Bun		
Or	Or	Or		
Hamburger for DF	GF/DF Cheese Pizza	Hamburger for DF		
Trailibuiger for DF	GI/DI CHEESE FIZZA	_		
47	10	French Fries	100	24
17	18	19	20	21
GF Chicken Tenders	Beefy Nachos with GF	GF Toasty Cheese	Chicken Tenders	GF/DF Cheese Pizza
Tater Tots	Chips and DF	Sandwich and DF	French Fries	Or
Green Beans	Shredded Cheese	Cheese	Or	Cheeseburger on GF
Or	Refried Beans	Fries	Marinara & Meatballs	Bun
Cheeseburger on GF	Shredded Lettuce	Or	over GF Rotini	Or
Bun	Salsa	GF Chicken Nuggets	Broccoli	Hamburger for DF
Or	Or	Fries	Broccon	French Fries
		Fries		French Fries
Hamburger for DF	Toasty DF Cheese			
French Fries	Sandwich on GF Bread			
24	25	26	27	28
GF/DF Waffles	Beefy Nachos with GF	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break
Pork Sausage	Chips and DF			
Tater Tots	Shredded Cheese			
Or	Refried Beans			
	Shredded Lettuce			
Cheeseburger on GF				
Bun	Salsa			
Or	Or			
Hamburger for DF	Turkey Wrap on GF			
Tater Tots	Tortilla			

November – GF/DF Menu

HS

*We offer a full fruit and vegetable bar, as well as fresh whole fruit daily as part of the meal options.