November – GF/DF Menu

Oak View

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3	4	5	6	7
GF Chicken Tenders	Beefy Nachos with GF	Turkey Hot Dog on GF	GF/DF Pizza	GF/DF Pizza
Tater Tots	Chips and DF	Bun	Or	Or
Carrots	Shredded Cheese	Fries	Beefy Nachos with GF	Turkey on GF Sub
Or	Refried Beans	Or	Chips and DF	with DF Cheese
Cheeseburger on GF	Shredded Lettuce	Cheeseburger on GF	Shredded Cheese	French Fries
Bun	Salsa	Bun	Refried Beans	
Or	Or	Or	Shredded Lettuce	
Hamburger for DF	GF/DF Cheese Pizza	Hamburger for DF	Salsa	
10	11	12	13	14
GF Chicken Tenders	Beefy Nachos with GF	Buffalo Chicken Wrap	GF/DF Pizza	No School
Tater Tots	Chips and DF	on GF Tortilla	Or	
Carrots	Shredded Cheese	Or	Turkey on GF Sub with	
Or	Refried Beans	Cheeseburger on GF	DF Cheese	
Cheeseburger on GF	Shredded Lettuce	Bun	French Fries	
Bun	Salsa	Or	Trement tres	
Or	Or	Hamburger for DF		
Hamburger for DF	GF/DF Cheese Pizza	French Fries		
17	18	19	20	21
GF Chicken Tenders	Beefy Nachos with GF	Turkey Hot Dog on GF	GF Chicken Tender	Marinara &
Tater Tots	Chips and DF	Bun	Sandwich	Meatballs over GF
Green Beans	Shredded Cheese		French Fries	
		Fries		Rotini
Or Channel have a see C.E.	Refried Beans	Or	Or	Broccoli
Cheeseburger on GF	Shredded Lettuce	GF Chicken Nuggets	GF/DF Cheese Pizza	Or
Bun	Salsa	Fries		Cheeseburger on
Or	Or			GF Bun
Hamburger for DF	Toasty DF Cheese			Or
French Fries	Sandwich on GF Bread			Hamburger for DF
				French Fries
24	25	26	27	28
GF/DF Waffles	Beefy Nachos with GF	Thanksgiving Break	Thanksgiving Break	Thanksgiving
Pork Sausage	Chips and DF			Break
Tater Tots	Shredded Cheese			
Or	Refried Beans			
Cheeseburger on GF	Shredded Lettuce			
Bun	Salsa			
Or	Or			
Hamburger for DF	Turkey Wrap on GF			
Tater Tots	Tortilla			
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^{*}We offer a full fruit and vegetable bar, as well as fresh whole fruit daily as part of the meal options.