

December – GF/DF Menu

Elementary/DC MS

1 GF/DF Cheese Pizza OR Cheeseburger on GF Bun OR Hamburger for DF French Fries	2 Beef Taco on GF Tortilla and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa OR Toasty DF Cheese Sandwich on GF Bread	3 Marinara & Meatballs over GF Rotini with Broccoli OR Ham and Cheese Wrap on GF Tortilla French Fries	4 GF/DF Cheese Pizza OR GF Chicken Nuggets with French Fries	5 GF/DF Cheese Pizza OR Cheeseburger on GF Bun OR Hamburger for DF French Fries
8 GF Chicken Tenders Tater Tots Carrots OR Cheeseburger on GF Bun OR Hamburger for DF French Fries	9 Beef Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa OR Turkey Chef Salad with Gluten Free Muffin	10 Marinara & Meatballs over GF Rotini with Broccoli OR Ham and Cheese Wrap on GF Tortilla French Fries	11 GF/DF Waffles Pork Sausage Tater Tots OR Cheeseburger on GF Bun Or Hamburger for DF French Fries	12 GF/DF Cheese Pizza OR Cheeseburger on GF Bun OR Hamburger for DF French Fries
15 GF Chicken Nuggets French Fries OR Cheeseburger on GF Bun Or Hamburger for DF French Fries	16 Beef Taco on GF Tortilla and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa OR Toasty DF Cheese Sandwich on GF Bread	17 Turkey Hot Dog on GF Bun French Fries OR Cheeseburger on GF Bun Or Hamburger for DF French Fries	18 GF Chicken Tender Sandwich French Fries OR Marinara & Meatballs over GF Rotini with Broccoli	19 GF/DF Cheese Pizza OR Cheeseburger on GF Bun OR Hamburger for DF French Fries
22 Winter Break	23 Winter Break	24 Winter Break	25 Winter Break	26 Winter Break
29 Winter Break	30 Winter Break	31 Winter Break		

*We offer a full fruit and vegetable bar, as well as fresh whole fruit daily as part of the meal options.