

January – GF/DF Menu

Elementary/DC MS

5 GF/DF Cheese Pizza OR Cheeseburger on GF Bun OR Hamburger for DF French Fries	6 Beef Taco on GF Tortilla and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa OR Toasty DF Cheese Sandwich on GF Bread	7 Marinara & Meatballs over GF Rotini with Broccoli OR Ham and Cheese Wrap on GF Tortilla French Fries	8 GF/DF Cheese Pizza OR GF Chicken Nuggets with French Fries	9 GF/DF Cheese Pizza OR Cheeseburger on GF Bun OR Hamburger for DF French Fries
12 GF Chicken Tenders Tater Tots Carrots OR Cheeseburger on GF Bun OR Hamburger for DF French Fries	13 Beef Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa OR Turkey Chef Salad with Gluten Free Muffin	14 Marinara & Meatballs over GF Rotini with Broccoli OR Ham and Cheese Wrap on GF Tortilla French Fries	15 GF/DF Waffles Pork Sausage Tater Tots OR Cheeseburger on GF Bun Or Hamburger for DF French Fries	16 No School
19 No School	20 Beef Taco on GF Tortilla and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa OR Toasty DF Cheese Sandwich on GF Bread	21 Turkey Hot Dog on GF Bun French Fries OR Cheeseburger on GF Bun Or Hamburger for DF French Fries	22 GF Chicken Tender Sandwich French Fries OR Marinara & Meatballs over GF Rotini with Broccoli	23 GF/DF Cheese Pizza OR Cheeseburger on GF Bun OR Hamburger for DF French Fries
26 GF/DF Cheese Pizza OR Cheeseburger on GF Bun OR Hamburger for DF French Fries	27 Beef Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa OR Turkey Chef Salad with Gluten Free Muffin	28 Marinara & Meatballs over GF Rotini with Broccoli OR Ham and Cheese Wrap on GF Tortilla French Fries	29 GF/DF Waffles Pork Sausage Tater Tots OR Cheeseburger on GF Bun Or Hamburger for DF French Fries	30 GF Chicken Tenders Tater Tots Carrots OR Cheeseburger on GF Bun OR Hamburger for DF French Fries

*We offer a full fruit and vegetable bar, as well as fresh whole fruit daily as part of the meal options.