

January – GF/DF Menu

Oak View

5 GF Chicken Nuggets French Fries OR Cheeseburger on GF Bun OR Hamburger for DF	6 Beef Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa OR GF/DF Cheese Pizza	8 Chicken Tenders Tater Tots Green Beans OR Cheeseburger on GF Bun OR Hamburger for DF	8 Marinara & Meatballs over GF Rotini with Broccoli OR Ham and Cheese Wrap on GF Tortilla French Freise	9 Turkey Hot Dog on a GF Bun French Fries OR GF/DF Cheese Pizza
12 GF/DF Waffles Pork Sausage Tater Tots OR Cheeseburger on GF Bun OR Hamburger for DF	13 Beef Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa OR GF/DF Cheese Pizza	14 GF Chicken Nuggets French Fries OR Toasty DF Cheese Sandwich on GF Bread	15 Chicken Tender Sandwich French Fries OR Marinara & Meatballs over GF Rotini with Broccoli	16 No School
19 No School	20 Beef Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa OR GF/DF Cheese Pizza	21 GF/DF Waffles Pork Sausage Tater Tots OR Cheeseburger on GF Bun OR Hamburger for DF	22 Marinara & Meatballs over GF Rotini with Broccoli OR Ham and Cheese Wrap on GF Tortilla French Freise	23 GF/DF Cheese Pizza OR Cheeseburger on GF Bun OR Hamburger for DF
26 GF/DF Waffles Pork Sausage Tater Tots OR Cheeseburger on GF Bun OR Hamburger for DF	27 Beef Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa OR GF/DF Cheese Pizza	28 Turkey Hot Dog on a GF Bun French Fries OR GF/DF Cheese Pizza	29 Chicken Tender Sandwich French Fries OR Marinara & Meatballs over GF Rotini with Broccoli	30 GF/DF Cheese Pizza OR Cheeseburger on GF Bun OR Hamburger for DF

*We offer a full fruit and vegetable bar, as well as fresh whole fruit daily as part of the meal options.