

# January – GF/DF Menu

## Oak View

5 GF Chicken Nuggets French Fries <b>OR</b> Cheeseburger on GF Bun <b>OR</b> Hamburger for DF	6 Beef Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa <b>OR</b> GF/DF Cheese Pizza	8 Chicken Tenders Tater Tots Green Beans <b>OR</b> Cheeseburger on GF Bun <b>OR</b> Hamburger for DF	8 Marinara & Meatballs over GF Rotini with Broccoli <b>OR</b> Ham and Cheese Wrap on GF Tortilla French Freise	9 Turkey Hot Dog on a GF Bun French Fries <b>OR</b> GF/DF Cheese Pizza
12 GF/DF Waffles Pork Sausage Tater Tots <b>OR</b> Cheeseburger on GF Bun <b>OR</b> Hamburger for DF	13 Beef Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa <b>OR</b> GF/DF Cheese Pizza	14 GF Chicken Nuggets French Fries <b>OR</b> Toasty DF Cheese Sandwich on GF Bread	15 Chicken Tender Sandwich French Fries <b>OR</b> Marinara & Meatballs over GF Rotini with Broccoli	16 <b>No School</b>
19 <b>No School</b>	20 Beef Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa <b>OR</b> GF/DF Cheese Pizza	21 GF/DF Waffles Pork Sausage Tater Tots <b>OR</b> Cheeseburger on GF Bun <b>OR</b> Hamburger for DF	22 Marinara & Meatballs over GF Rotini with Broccoli <b>OR</b> Ham and Cheese Wrap on GF Tortilla French Freise	23 GF/DF Cheese Pizza <b>OR</b> Cheeseburger on GF Bun <b>OR</b> Hamburger for DF
26 GF/DF Waffles Pork Sausage Tater Tots <b>OR</b> Cheeseburger on GF Bun <b>OR</b> Hamburger for DF	27 Beef Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa <b>OR</b> GF/DF Cheese Pizza	28 Turkey Hot Dog on a GF Bun French Fries <b>OR</b> GF/DF Cheese Pizza	29 Chicken Tender Sandwich French Fries <b>OR</b> Marinara & Meatballs over GF Rotini with Broccoli	30 GF/DF Cheese Pizza <b>OR</b> Cheeseburger on GF Bun <b>OR</b> Hamburger for DF

\*We offer a full fruit and vegetable bar, as well as fresh whole fruit daily as part of the meal options.