

# February – GF/DF Menu

# Elementary/DC MS

2 GF/DF Waffles Pork Sausage Tater Tots <b>OR</b> Cheeseburger on GF Bun <b>Or</b> Hamburger for DF French Fries	3 Beef Taco on GF Tortilla and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa <b>OR</b> Toasty DF Cheese Sandwich on GF Bread	4 Marinara & Meatballs over GF Rotini with Broccoli <b>OR</b> Ham and Cheese Wrap on GF Tortilla French Fries	5 GF/DF Cheese Pizza <b>OR</b> GF Chicken Nuggets with French Fries	6 GF/DF Cheese Pizza <b>OR</b> Cheeseburger on GF Bun <b>OR</b> Hamburger for DF French Fries
9 GF Chicken Tenders Tater Tots Carrots <b>OR</b> Cheeseburger on GF Bun <b>Or</b> Hamburger for DF French Fries	10 Beef Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa <b>OR</b> Turkey Chef Salad with Gluten Free Muffin	11 Marinara & Meatballs over GF Rotini with Broccoli <b>OR</b> Ham and Cheese Wrap on GF Tortilla French Fries	12 GF/DF Waffles Pork Sausage Tater Tots <b>OR</b> Cheeseburger on GF Bun <b>Or</b> Hamburger for DF French Fries	13 GF/DF Cheese Pizza <b>OR</b> Cheeseburger on GF Bun <b>OR</b> Hamburger for DF French Fries
16 GF/DF Waffles Pork Sausage Tater Tots <b>OR</b> Cheeseburger on GF Bun <b>Or</b> Hamburger for DF French Fries	17 Beef Taco on GF Tortilla and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa <b>OR</b> Toasty DF Cheese Sandwich on GF Bread	18 Turkey Hot Dog on GF Bun French Fries <b>OR</b> Cheeseburger on GF Bun <b>Or</b> Hamburger for DF French Fries	19 GF Chicken Tender Sandwich French Fries <b>OR</b> Marinara & Meatballs over GF Rotini with Broccoli	20 GF/DF Cheese Pizza <b>OR</b> Cheeseburger on GF Bun <b>OR</b> Hamburger for DF French Fries
23 GF/DF Cheese Pizza <b>OR</b> Cheeseburger on GF Bun <b>OR</b> Hamburger for DF French Fries	24 Beef Nachos with GF Chips and DF Shredded Cheese Refried Beans Shredded Lettuce Salsa <b>OR</b> Turkey Chef Salad with Gluten Free Muffin	25 Marinara & Meatballs over GF Rotini with Broccoli <b>OR</b> Ham and Cheese Wrap on GF Tortilla French Fries	26 GF/DF Waffles Pork Sausage Tater Tots <b>OR</b> Cheeseburger on GF Bun <b>Or</b> Hamburger for DF French Fries	27 GF Chicken Tenders Tater Tots Carrots <b>OR</b> Cheeseburger on GF Bun <b>OR</b> Hamburger for DF French Fries

\*We offer a full fruit and vegetable bar, as well as fresh whole fruit daily as part of the meal options.