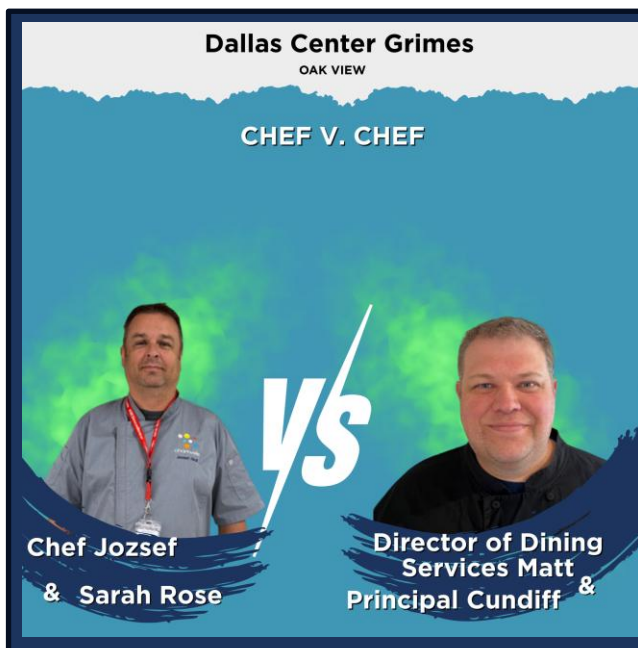




# Dallas Center-Grimes Food Services Newsletter

## January 2026



*Chili Days,*  
★ WARM BELLIES ★

## Chef vs. Chef

Get ready for a fun and flavorful showdown on January 30th at Oak View Middle School! A friendly competition will heat up the kitchen as Chef Jozsef and Sarah Rose take on the dynamic duo of Matt, the Director of Dining Services, and Principal Cundiff. This year's twist features two delicious chili recipes from Chartwells' Chili Days, Warm Bellies promotion, adding extra excitement to the cook-off. Students will serve as the judges, tasting each creation and deciding which team will take home the crown. Who will be named the Chili Champions of 2026? Stay tuned to find out!

## Ring in the New Year

We're excited to start the new year strong and bring students some fresh, exciting meals to enjoy across the district. In February, we'll be launching a delicious new promotion called Bloom into Breakfast, designed to highlight tasty morning options that help students fuel their day. We hope these new offerings bring joy to students of all ages and make mornings a little brighter. Most of all, we're thrilled to have everyone back so we can continue serving up happy and healthy meals throughout the district. Here's to a delicious start to 2026!



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## DISCOVERY KITCHEN FUN

### *Plant Power*

Plant Power is a celebration of plant-based, fresh, seasonal and local fare. This month, students will learn just how powerful some plants can be in terms of protein and nutrition. Through a variety of menu items and activities, students will explore how they and their families can incorporate more of these powerful foods into their regular diet.

Students at DC Elementary School got a sweet taste of Sun butter Banana Quesadillas with Chef Jozsef!



## MOOD BOOST

### Fueling your Body and Mind to be SMART

This month, we implemented our student wellness program, Mood Boost, across the elementaries in the district which teaches how certain foods can help you feel your best. Our featured emotion was SMART, and to bring this theme to life, Chef Jozsef introduced a delicious Baked Cinnamon Brown Sugar Acorn Squash, showcasing how squash is a powerful food that fuels both body and mind. Through this program, students learn how fruits and vegetables can be tasty snacks and superfoods that boost their well-being. Mood Boost helps students understand how choosing nutritious foods can support them in and out of the classroom. We're excited to keep inspiring healthy habits that help everyone feel SMART, strong, and ready to learn!

## UP NEXT:

Our bagel fun lunch is a fan favorite, and students will get to enjoy it this month!



What better way to celebrate cheese lovers' day than on Taco Tuesday. Get our queso or nacho cheese Jan. 20<sup>th</sup>!

## LET'S GET CHEESY

Grab a granola bar for middle and high school students on the 21<sup>st</sup>!

