

DCG Elementaries September Gluten Free/Dairy Free Menu

	1 Beef Taco on GF Tortilla OR Turkey Hot Dog on GF Bun	2 Chicken Patty Sandwich on GF Bun OR Cheeseburger on GF Bun or Hamburger for DF	3 GF Spaghetti & Meatballs OR Toasty Cheese Sandwich on GF Bread	4 GF Chicken Tenders OR Turkey BLT Wrap on GF Tortilla
No School Labor Day	8 Turkey Chef Salad DF Cheese for DF OR Beef Taco on GF Tortilla	9 GF Popcorn Chicken OR Cheeseburger on GF Bun Hamburger or DF Cheese for DF	10 GF Chicken Patty Sandwich on GF Bun OR Turkey Hot Dog on GF Bun	11 Cheese Pizza on GF Crust DF Cheese for DF OR Chilli Cheese Turkey Dog on GF Bun DF Cheese for DF
14 GF French Toast Sticks Sausage Patty OR Cheeseburger on GF Bun DF Cheese or Hamburger for DF	15 GF Chicken Nuggets OR Sunbutter & Jelly Sandwich on GF Bread	16 Cheeseburger on GF Bun DF Cheese or Hamburger or DF OR Turkey BLT Wrap on GF Tortilla	17 Turkey Hot dog on GF Bun OR GF Chicken Patty Sandwich on GF Bun	18 Toasty Cheese Sandwich on GF Bread DF Cheese for DF OR Cheese Pizza on GF Crust DF Cheese for DF
21 Sausage, Egg & Cheese Sandwich on GF Bun DF Cheese for DF OR Cheeseburger on GF Bun DF Cheese or Hamburger for DF	22 Beef Taco on GF Tortilla OR GF Chicken Patty Sandwich on GF Bun	23 Turkey Hot Dog on GF Bun OR Turkey and Cheese Lettuce Wrap DF Cheese for DF	24 Turkey & Cheese Pinwheel on GF Tortilla DF Cheese For DF OR GF Popcorn Chicken Salad	25 Cheese Pizza on GF Crust DF Cheese for DF OR Turkey Hot Dog on GF Bun

*We offer a full fruit and vegetable bar, as well as fresh whole fruit daily as part of the meal options.

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28 GF Chicken & Waffles OR Cheeseburger on GF Bun DF Cheese or Hamburger for DF French Fries	29 Beef Taco on GF Tortilla OR GF Pizza Bagel Fun Lunch DF Cheese for DF	30 GF Chicken Sandwich on GF Bun OR Turkey & Cheese Wrap on GF Tortilla DF Cheese for DF		
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