Dallas Center High School Gluten Free/Dairy Free November Menu

2. Cheese Pizza on GF Crust OR Chicken Bacon Ranch Wrap on GF Tortilla • Apple • Corn & Pepper Salad • Pineapple Tidbits	3. Cubano on GF Bun OR Ham & Cheese Sub on GF Sub • Cauliflower • Oranges • Mixed Fruit	4. GF French Toast Sticks, Sausage Patty, Tots OR Beef Taco on GF Tortilla • Carrots • Banana • Pineapple Tidbits	5. Meat Lovers Pizza on GF Crust OR Cheeseburger on GF Bun or Hamburger for DF • Cauliflower • Oranges • Diced Pears	6. GF Popcorn Chicken OR GF Chicken Tender Sandwich • Toss Salad • Banana • Mixed Fruit
9. Chicken & Cheese Crispito OR Chicken Taco on GF Tortilla • Cherry Tomatoes • Whole Fruit • Peaches	10. Hot Dog on GF Bun OR Ham & Cheddar Chef Salad • Cucumbers • Apple • Peaches	11. GF Pancakes Sausage Patty Tots OR Cheeseburger on GF Bun Hamburger for DF • Broccoli • Peaches	12. Pepperoni Pizza on GF Crust OR GF Popcorn Chicken • Cucumbers • Diced Pears • Apple	13. No School
16. GF Chicken Tender Sandwich OR Turkey BLT Wrap on GF Tortilla • Cauliflower • Fresh Fruit • Peaches	17. Pulled Pork Sandwich on GF Bun OR Deli Turkey Sandwich on GF Bun • Carrots • Oranges • Diced Pears	18. GF Chicken Tenders OR Beef Taco on GF Tortilla • Carrots • Apple • Mixed Fruit	19. Pepperoni Pizza on GF Crust OR Bacon Cheeseburger on GF Bun Hamburger for DF • Celery • Oranges	20. GF Chicken Tender Sandwich on GF Bun OR Turkey BLT Wrap • Cauliflower • Apple • Pineapple Tidbits
23. Pepperoni Pizza Pasta OR Beef Taco on GF Tortilla • Carrots • Apple • Pineapple	24. GF Chicken Tenders OR Deli Ham Sub on GF Bun • Broccoli • Oranges • Applesau	25. No School	26. No School	27. No School

30. Buffalo Chicken Wrap on GF Tortilla OR Chicken Taco on GF Tortilla • Cherry Tomatoes • Apple				